

Second Thoughts on Secondary Glaucomas

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Disclosures- Greg Caldwell, OD, FAAO

- · Will mention many products, instruments and companies during our discussion I don't have any financial interest in any of these products, instruments or companies
- Pennsylvania Optometric Association President 2010
- POA Board of Directors 2006-2011
- American Optometric Association, Trustee 2013-2016
 Thank you to the members and those who join
- I never used or will use my volunteer positions to further my lecturing career
- · Lectured for: Shire, BioTissue, Optovue Advisory Board: Allergan
- Envolve: PA Medical Director, Credential Committee

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· He is a co-owner of Optometric Education Consultants

Why Secondary?

- Secondary to another condition
 Inflammation, neovascular disease, neoplastic disease, cataract, etc.
- · Potentially curable if underlying cause is treatable · Approximately 1/3 of all glaucoma cases
- · Patient is typically younger than POAG patient
- Angle may be closed or open depending upon type of glaucoma Knowledge of angle status is very important as this will dictate management

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Common Secondary Glaucomas

- Pigmentary (angle open)
- · Pseudo-exfoliative (angle open nearly always, rarely closed, but possible)
- · Early and late traumatic (angle open or closed)
- Steroid induced (angle open) · Lens induced (angle open or closed)
- Neovascular (angle closed)
- · Inflammatory (angle open or closed)

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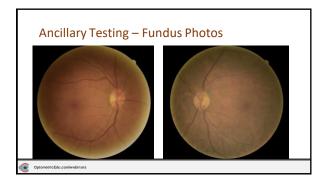
Best of the Rest

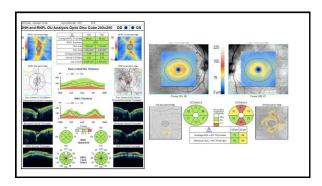
- Miscellaneous causes (angle open or closed)
- · Post retinal detachment surgery
- · Systemic disease related
- Drug induced
- Elevated episcleral venous pressure
- · Idiopathic, Sturge Weber syndrome, cavernous sinus fistula
- Siderosis
- Post penetrating injury
- Numerous other potential causes

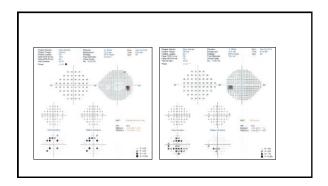
The Case of the Resident Misdirection

- 60-year-old Hispanic male presents for CEE
 BCVA 20/20 OD, OS
 Past Ocular History: hx of ocular trauma at 7yo
 Vague and forced by resident
 IOP: 15 mm OD, 38 mm OS

- Gonio: funky angle- very deep
 Diagnosis: angle recession glaucoma OS

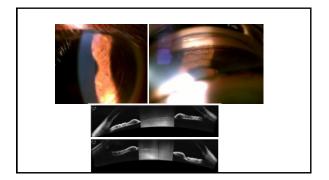












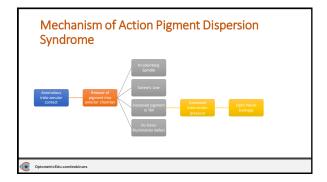
Pigmentary Glaucoma

- · Secondary open angle mechanism
- Younger, myopic, white males · Does appear in women as well
- · Men are often the ones that develop true glaucoma
- · Can occur in patients of African descent
 - Often middle-aged women of color aged 45-53 years
- Distinctly different appearance
 - Planar iris, iris TIDs rare or not present, minimal corneal pigment

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Pigmentary Glaucoma

- Bilateral, but may be asymmetric
- Pigment dispersion syndrome (PDS) is the precursor
- About 50% conversion rate to pigmentary glaucoma over lifetime
- High diurnal IOP fluctuations- IOP spike can easily be missed on single exam



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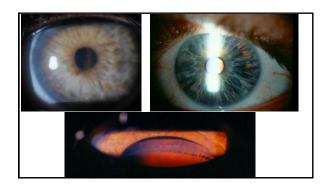
Pigmentary Glaucoma

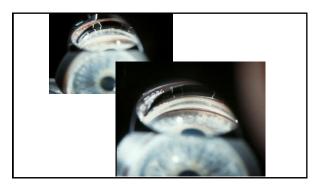
- Irido-zonular contact and friction
- · Posterior bowing of mid-peripheral iris (reverse pupil block)
- Aqueous is trapped in anterior chamber
- Valve-effect is created
- · Possible relationship with blink and/or accommodation
- · Constant rub between iris and lens zonules
- Pigment release

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Pigmentary Glaucoma

- Development of Krukenberg's spindle (KS) Doesn't always have to be a spindle formation May be diffuse pigment
- The presence of Krukenberg's spindle or endothelial pigment should lead you to transilluminate the eye and do gonio.
- Transillumination defects (radially located in mid-peripheral iris)
- · The presence of transillumination defects should lead you to perform gonioscopy Transillumination defects not always present
 - Dependent upon iris thickness
- Not directly related to IOP





Pigmentary Glaucoma

- The TM endothelial cells phagocytize pigment.
- Eventually, digested pigment as well as the increased activity breaks down the TM cells which lift off the trabecular beams. The overall result is a breakdown of the TM secondary to having to process the pigment. The subsequent inability to process aqueous causes IOP elevations.
- Physical blockade is only a minimal part of the reason for the pressure rise. Trabecular meshwork may have pigment deposition w/o IOP increase- depends on the ability of TM to process and phagocytize pigment

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Historical Factoid:

- There exists a situation where patients complain of blurred vision when exercising.
- This relates to pigment dispersion patients who release greater amount of pigment from jarring exercise with subsequent trabecular meshwork accumulation, aqueous flow impedance, acute rise in IOP, shutdown of the sodium-potassium pump on the endothelium and development of corneal edema causing blurred vision.
- Virtually every eye care clinician knows this and can recite the mechanism and cause. What they don't know is that this all stems from a single case report in the 1960s and researchers have never been able to duplicate it in any clinical trial. While you need to know this in order to be conversant with the misguided, realize that it is likely an urban legend.

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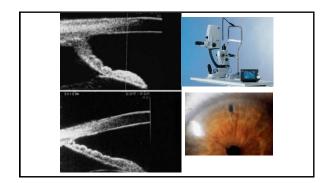
Pigmentary Glaucoma

- Treat PDS as a risk factor for glaucoma development. Initial fields, disc, and NFL analysis is indicated to assess what status of damage may have already occurred. Diagnosis can be missed.
- Tx similar to POAG when glaucoma develops
- Beta blockers, CAI, adrenergic agonist, prostaglandins
- There is an argument that because prostaglandins increase the size of the pigment cells, it may exacerbate the blockage. This concept is unproven, however and many patients have been successfully managed with these medications

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Pigmentary Glaucoma

- Pilocarpine 1% or 2% is theoretically useful for relieving the iridozonular friction but is not clinically or practically reasonable due to adverse medical effects.
- Patients with pigment dispersion syndrome/ pigmentary glaucoma have a higher incidence of retinal pathology such as lattice degeneration and retinal detachment
- SLT
- Works well but paradoxical IOP spike can happen
- LPI?



The Case of the Bad Prognosis?

- 78 YOWF
- Average IOP (1 yr x5); 22 mm OD, 20 mm OS
- CCT: 517 OD, 527 OS
- PXE material OU
- Gonio open OU with moderate pigment

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Bad Prognosis?

- PXE glaucoma diagnosed
- Considerations:
 - Mild field loss
 - Older age
 - Lower initial baseline IOP
 - PXE

•Can this patient be monitored, or should she be treated?

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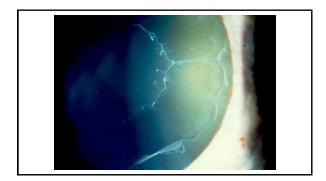
Bad Prognosis?

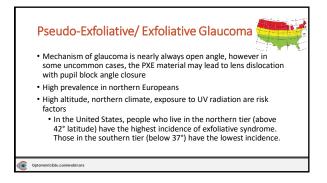
- Pt answers the question- declines treatment
- Bad experience with treatment suggested by doctors
- in past
- more afraid of treatment than glaucoma
- · Wants to see change or other conclusive proof of need for treatment.
- However, everything says she will do poorly
- Peak IOP: 34 mm Hg OD, 37 mm Hg OS

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Pseudo-Exfoliative/ Exfoliative Glaucoma

- Exfoliation- pseudoexfoliation- true exfoliation?
- · Age-related generalized disorder of the extracellular matrix (fibrillar extracellular material) on anterior lens capsule, iris, and in trabecular meshwork.
- Abnormal basement membrane comes from lens, iris, ciliary body, and uvea. In that true "exfoliation" is clinically very rare, pseudoexfoliation syndrome and pseudoexfoliative glaucoma are often termed "exfoliation"
- Exfoliation is probably the best term because issues arise when this material is rubbed off.

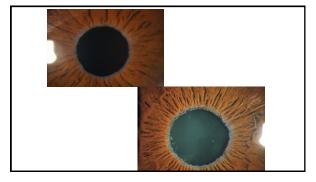




Pseudo-Exfoliative/ Exfoliative Glaucoma

- Peripupillary transillumination (may be seen in absence of clinically detectable pseudo-exfoliative material)
 - The presence or development of peripupillary TID is a very important indicator of PXE- PXE suspects
- Abnormal basement membrane
- Deposited on anterior lens capsule, not from lens
- Pigment released from pupil border
- Posterior synechia
- Radial pigment deposition

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Pseudo-Exfoliative/ Exfoliative Glaucoma

- Heavy pigment (and exfoliative material) found in trabecular meshwork and may block trabecular meshwork, but the mechanism is not well understood
- · Essentially functions the same as pigmentary glaucoma
- PXE is a significant complicating factor in cataract extraction- loss of lens
 Lensectomy is not curative-material will deposit on IOL as well as remaining anterior capsule
- Now recognized as a generalized systemic disorder of the extracellular matrix
- Tatrix Exfoliation material is present in the walls of posterior ciliary arteries, vortex veins, and central retinal vessels as well as in the heart, lung, liver, kidney, gall bladder, and cerebral meninges Associated with central retinal vein occlusion (CRVO)

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Pseudo-Exfoliative/ Exfoliative Glaucoma

- Systemic associations include TIA's, stroke, Alzheimer's disease, hearing loss, hyperhomocysteinemia, and heart disease
- Polymorphisms of the lysyl oxidase-like 1 (LOXL 1) gene on chromosome 15 are specifically associated with syndrome and glaucoma
- LOXYL 1 enzymes are essential for the formation, stabilization, maintenance, and remodeling of elastic fibers and prevent agerelated loss of elasticity of tissues
- LOXYL 1 protein is a major component of the exfoliation deposits

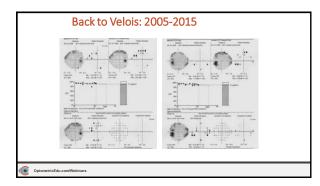
Pseudo-Exfoliative/Exfoliative Glaucoma

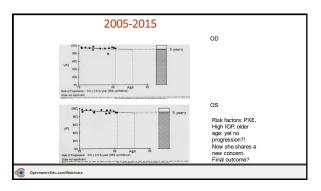
- Overall, about 40% likelihood of developing glaucoma throughout life
- When glaucoma develops, IOP is usually higher than in POAG
 More rapid progression than POAG
 - IOP very labile
 - Difficult to control
 - · More likely to need surgery
 - More complications with cataract surgery
- Highest IOP is often occurring outside normal office hours.
- IOP may transiently rise after dilation due to pigment liberation

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Pseudo-Exfoliative/ Exfoliative Glaucoma

- Treat as POAG
 - Beta blockers
 - Prostaglandins
 - Adrenergic agonists
 - CAI's
 - Rock inhibitors
- ALT/ SLT good modality
- Trabeculectomy/tube, maybe MIGS but disease is usually too severe







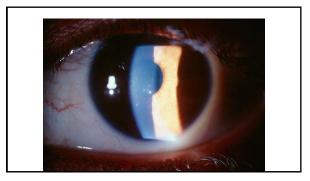


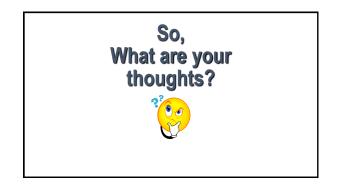
Case: It just isn't clear

- Conjunctiva clear OU
- Cornea: steamy edema, KP's
- A/C deep

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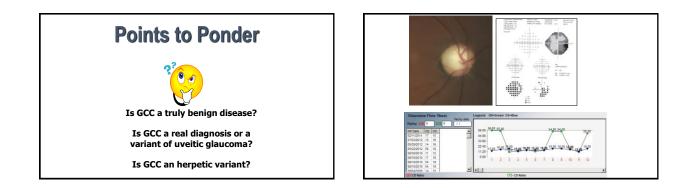
• IOP: 21 mm Hg OD, <u>70</u> mm Hg OS





MANAGEMENT This Patient

- In Office: Pred Forte, Timoptic 0.5%, Alphagan, Trusopt (i gt. each, separated by 5 min)
- After 30 min: IOP 50 mm Hg; edema completely gone! • "Now everything is perfect. Can I go now?"
- Repeat regimen:
 - After 30 min: IOP 35 mm Hg → Send patient home with Pred Forte Q2H; Alphagan TID
 - F/U 24 Hrs: IOP 10 mm Hg
 - Threshold fields, OCT: Normal OD, OS



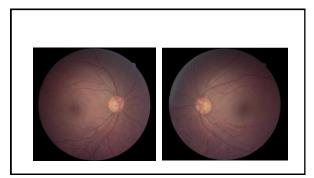
Venice, FL) Date		VA-OD	VA-OS	01/19/1952 (71 OD	OS
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	3/2/23 Dr. Sowka/7/ Follow Up	Dcc20/20	Dcc20/20-2	App 14 App by Doctor 16	App 32 App by Doctor 38
	2/23/23 Dr. Sowka/370/ Comprehensive Exam	sc20/20 Dcc20/20-1 Nscj12 Nccj4	sc20/30 Dec20/20-1 NscJ10 Necj3	App 16 App by Doctor 12	App 36 App by Doctor 36
	2/18/22 Dr. Sowka/374/ Comprehensive Exam	sc20/25 Dcc20/20 Nscj12 Nccj6	sc20/25-1 Dec20/25 Nscj10 Nccj3	App 16	App 17
	2/9/21 Dr. Sowka// New Patient Comprehensive	sc20/40 Dcc20/20-1 Nscj12 Nccj1	sc20/40-2 Dcc20/25+2 NscJ10 NccJ2	App 20 App 14	App 20 App 12

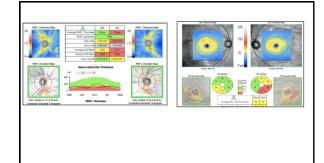
Any Final thoughts?

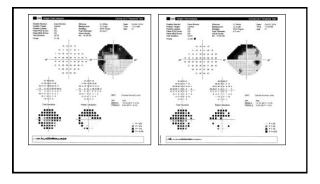
The Case of the Snowy Referral



- 21 year old Hispanic female
- Chief Complaint: referral for elevated intraocular pressure no referral noted
- Pt c/o snowy vision for the last few months, that is getting worse
- Past Ocular History: unremarkable
- Past medical history: Asthma dx 2017
- VA: OD 20/70, PH 20/40 OD, OS
- PERRLA OD, OS; -APD OD, OS
- Gonio: open to CB x360 without abnormalities OD, OS
- Pachymetry: 639 OD, 640 OS







So, How Are You Treating That Asthma Again?

- Lens: 2+ PSC OD, OS (snowy vision)
- IOP: 72 mm OD, OS
- Self medicating with IM dexamethasone 2-3 times per week
- Weight gain
- Hair loss
- Diabetes
- Steroid induced glaucoma
- · latrogenic Cushing syndrome



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Steroid Induced Glaucoma

- · Secondary open angle
- Outflow difficulty- steroids are thought to change the TM ability to process aqueous.
- Glycoaminoglycan (GAG) accumulation is thought to be the underlying difficulty
- TM endothelium decreases phagocytotic ability
- Steroids may prevent release of enzymes that normally depolymerize gags and prevents TM endothelial cells from keeping TM properly cleaned up and healthy.
- · Increased difficulty of outflow

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Steroid Induced Glaucoma



- Steroids commonly affecting IOP are prednisolone, dexamethasone, betamethasone, and difluprednate
 - · Difluprednate often affects IOP faster and more significantly, but not to a greater prevalence than prednisolone
- Any steroid can elevate IOP

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· Loteprednol is considered a soft steroid with less propensity to elevate IOP, but it can cause glaucoma like any steroid

Steroid Induced Glaucoma

- Response is dependent upon:
- Frequency of application
- Dose
- Duration
- Genetic predisposition
- Genetic relationship TIGR/Myocillin gene
 - · The incidence points to an autosomal recessive inheritance pattern
- 2/3rds are steroid responders- few get into trouble

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Steroid Induced Glaucoma

- Those at risk include:
- Myopes, Pts. with POAG, Children
- Treatment:
- D/C steroids
- After prolonged use, IOP may not lower with medication cessation Aqueous suppressants, Prostaglandins (depending upon the amount of inflammation and route of steroid)

 - Anything designed to enhance trabecular outflow (Trabeculoplasty, miotics, Rock inhibitors) will have a poor effect; trabeculectomy works better

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Outcome

- · Multiple meds used- insufficient effect
- Risk of adrenal insufficiency and adrenal crisis
- Referred to endocrinologist immediately for oral steroid taper.

The Case of the Disappearing Diabetic

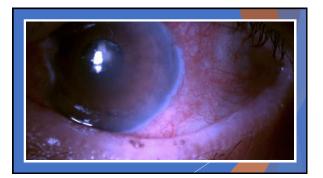
- 82-year-old Hispanic male presents for IOP check; LEE: 2 yrs ago lost to follow-up; POAG OS, severe stage
- Pseudophakia w/ PCIOL OU 2010; YAG Posterior Capsulotomy OS 2010
- Diabetes Mellitus Type 2 x1998
- Medications
 - Latanoprost qhs OU
 - Glyburide 5mg Tablet QD po
- Chief complaint: Pt reports ocular eye-pain and redness of left eye that started 15 days ago

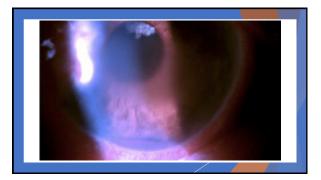
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The Case of the Disappearing Diabetic

- 20/25 OD; NLP OS
- PERRL (+)RAPD OS
- 3+ diffuse injection OS
- Microcystic corneal edema OD
- Diffuse NVI at the pupil margin OS
 Anterior Chamber: deep & quiet OD; 1/10th hyphema with RBCs in anterior chamber OS
- Lens: PCIOL in good position OD; limited views OS
- IOP 23 mm OD, 62 mm OS
- Gonio: PAS and hyphema OS

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The Case of the Disappearing Diabetic

• Management:

- Combigan BID, atropine BID, pred forte QID, continue latanoprost
- Referred for retinal intervention
- IOP 26 mm OS, old CRVO, cornea clear, better fundus view
- IV avastin and PRP

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Neovascular Glaucoma

- Neovascularization of the iris and angle (NVI/NVA)
- Mechanism is secondary angle closure without pupil block
- Many possible causes
- Mechanism of action
- Inflammation and high IOP
- Poor prognosis
 Poorly responsive to medical treatment
- Poony responsive to medical treatment
- Called the 90 day glaucoma- usually occurs within 90 days of antecedent vascular occlusion
- Don't be fooled. It can and does happen a lot sooner in many cases.

Neovascular Glaucoma

- Initial medical tx: cycloplegia (atropine) and Pred forte used for inflammatory component. May also temporarily use aqueous suppressants until more definitive treatment can be done.
- Generally, you do not chronically medically treat this type of glaucoma.
 Trabeculectomy if not too much of the angle is compromised- high likelihood of failure
- Internation of railure
 Pan-retinal photocoagulation (PRP) to destroy the ischemic retina and reduce the vasoproliferative substance and induce regression of neovascular vessels. Generally successful (90% success) in diabetic retinopathy if <270 degrees of closure. Much less successful in ocular ischemic syndrome. Cryotherapy may be used in place of PRP.

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Neovascular Glaucoma

- A newer modality to manage refractory NVG involves trans-scleral diode laser cyclophoto-coagulation. This reduces aqueous production through the laser-induced ablation of the ciliary processes.
- A still newer modality (used in conjunction with methods mentioned above) involves ocular injection of Avastin or Lucentis, which are anti-VEGF drugs
- · Not definitive treatment though temporarily very effective.
- Must be accompanied by PRP- otherwise vessels will return.

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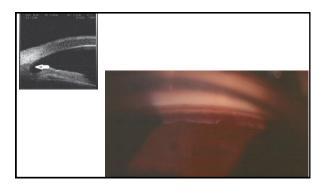


Definitive treatment of NVG typically will begin immediately with atropine, steroids, and aqueous suppressants. Following that, the patient will likely be treated with intravitreal anti-VEGF injection followed by PRP. Often, the patient will then undergo either trabeculectomy with mitomycin C or a tube implant procedure.

Traumatic Glaucoma: Angle Recession



- Cleavage of ciliary body muscles
- Widening and deepening of angle
- · Fellow eye comparison is necessary because this is not obvious
- · Etiology is thought to be trabecular meshwork scarring/sclerosis
- · Problems occur years after antecedent trauma

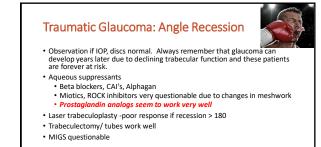


Traumatic Glaucoma: Angle Recession



- The trauma damages the meshwork, causing scarring and sclerosis. This may not be gonioscopically apparent and initially may not affect IOP. However, as trabecular function declines with age, there is an unmasking of this traumatic dysfunction.
- This should be your first thought when encountering unilateral glaucoma
- 10-20% of angle recession pts. develop secondary glaucoma
- Severity of glaucoma often, but not always, related to extent of recession
- The trabecular damage is not limited solely to the extent of the recessed angle. The entire meshwork is usually damaged to some degree.

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The Case of ... 28 Days Later

- 54 YOF- CEE
- 20/200 OD; 20/40 OS
 Cataract OD > OS
- Cataract consult
 - 20/400 OD, 20/50 OS
- Not good candidate due to corneal and retinal rubella scarring
- 28 days later...pt calls complaining of rapidly decreasing vision OD and pain
 - LP OD, 32 mm Hg OD; + A/C reaction; angles open

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Lens Induced Glaucomas • Phacolytic

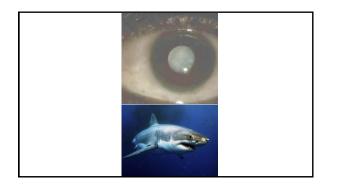
- Phacomorphic
- Lens particle
- Phacoanaphylactic (retained lens fragments)
- Ectopia lentis



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Phacolytic Glaucoma

- · Uveitis and elevated IOP in association with hypermature cataract
- Predominately secondary open angle
- Acute onset of pain and redness in an eye that is non-seeing
 Vision typically is in light perception range
- Hypermature cataract- lens leaks out internal proteins, which are antigenic. Capsule ruptures and extrudes lens proteins into anterior chamber
- Antigen/antibody reaction and subsequent A/C reaction



Phacolytic Glaucoma

- Provokes macrophage response
- Heavy molecular weight proteins become soluble
- Proteins can leak out through an intact capsule
- Liquefaction of lens cortex and attenuation of lens capsule
- White flocculent material in chamber and on lens surface
- Bloated macrophages with lens material within them found in anterior chamber
 - PMN's, plasma cells, and lymphocytes are typically absent

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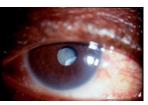
Phacolytic Glaucoma

- · Cured by lensectomy and possibly vitrectomy
- Possibility of capsular rupture with subsequent vitrectomy required
- Medical therapy initially to temporize IOP and quell inflammation
 - Corticosteroids Q1-2H, depending upon severity
 - Cycloplegia (unless there is zonular damage and danger of
 - subluxation): homatropine 5%, atropine 1%
 - Beta blockers, alpha adrenergic agonists, CAI's
 - Avoid prostaglandins and miotics; rho-kinase inhibitors?

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The case of the 'Safe to Dilate?' Patient

- 65 YOF
- Pain and poor vision- LP
- IOP 35 mm



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The Case of the "You're Wrong", NO, "You're Wrong"

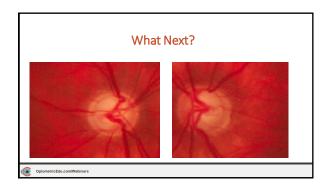
- 65 YOF seen with dense cataract
- Referred for consult- cataract surgery deferred
- Returns 1 year later for CEE- sees resident
- Resident and patient get into "Spirited Debate"
- Resident issue: The patient insists that she never had cataract surgery, but she has no lens
 - Both insist that they are right

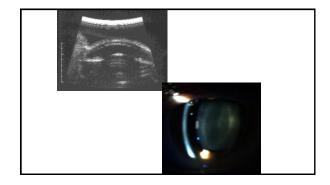


The Case of the Non-Routine Routine Eye Exam

- 50 YOM- CEE
- 20/40 OD, OS
- Rx: (-) 18.00 2.50 x 180 OU
- IOP: 42 mm Hg OU
- · Constricted visual fields and advanced glaucomatous disc damage OU

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The Case of the Non-Routine Routine Eye Exam

- Gonioscopy: Chronic angle closure OU
- Non-myopic fundus

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- Lens protrudes slightly into A/C
- Diagnosis: Chronic angle closure secondary to phacomorphic glaucoma secondary to isolated microspherophakia
- Management: LPI OU followed by topical glaucoma meds
 Then things got complicated...

Phacomorphic Glaucoma

- Phaco=lens; morph=shape
- · Secondary angle closure with pupil block
- · Most common lens-induced glaucoma
- Unilateral or asymmetric cataract associated with asymmetric shallowing of the anterior chamber not explained by other factors
- Difficult to differentiate from primary angle closure
- Acute to intermittent red, painful eye, typically at night
- May present asymptomatically with chronic angle closure

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Phacomorphic Glaucoma

- Typically, vision is greatly reduced (<20/400) from the cataract
- Due to increasing lens thickness: irido-lenticular apposition from
- growth of the lens cortex and intumescence of the lens.
- May be associated with short globe axial length
- Occasionally, phacomorphic glaucoma will occur not due to mature cataract formation, but due to microspherophakia (often associated with Weill-Marchesani syndrome)
- Presents as acute or chronic angle closure in eyes with high myopia.

Phacomorphic Glaucoma

- Beta-blockers, alpha-2 adrenergic agonists, topical corticosteroids, topical or oral carbonic anhydrase inhibitors may be all systematically employed.
- An exceptional effect of prostaglandin analogs in managing the IOP of patients with chronic angle closure glaucoma both before and following LPI has been reported.
- Pilocarpine 2% and corticosteroids can also be used.
- RhoKinase inhibitors questionable.
- LPI
- Lens extraction