

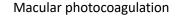
#### Introduction

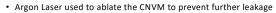
- Exciting time to be interested in AMD
- Great strides in treatment, diagnostics and understanding of amd over last 15-20 years
- · Past treatments
- · Current treatments and Diagnostic Equipment
- Potential future Treatments

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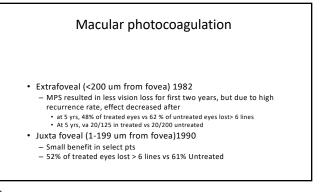
THE PAST.....

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- Subfoveal 1980
  - 20% of treated of pts had >6 lines of acuity loss at 5 yrs vs 37% untreated
  - Vision loss was immediate for treated group, vs more gradual for
  - untreated group
  - At 42 mos, acuity levels equalized - At 5 years, acuity almost equal in both groups  $\approx$  20/200
- Balance long term level of function vs immediate loss of vision



#### Photodynamic therapy

- FDA approved 2000

   big breakthrough as first pharmacological treatment for wet amd
- Visudyne (verteporfin) is injected into the bloodstream
- When Dye reaches the CNVM, laser is used to activate the dye and destroy the CNVM
- Issue is collateral healthy retina is also destroyed
  Has fallen out of favor and rarely used except in specific cases

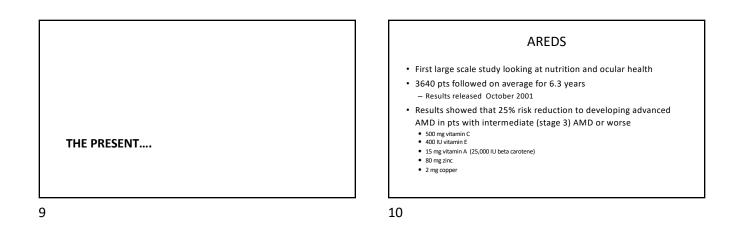
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#### Photodynamic therapy

- TAP Study
  - Primary endpoint was percentage of eyes that loss less than 15 ETDRS letters from baseline at 12 and 24 mos
    - 12 mos: 61% with treatment vs 46%
    - 24 mos: 53% vs 38%

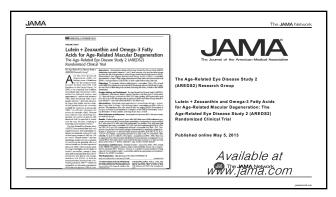
#### • VIP/ VIM study

- Looks at occult lesions or minimally classic lesions
- Results mostly disappointing except with very small lesions





- AREDS 2: Enrollment ended June 2008 with ≈4200 patients followed for six years
  - Effect of lutein, zeaxanthin and omega 3 on AMD
  - Effect of eliminating beta carotene on AMD
  - Effect of reducing zinc on AMD
  - Effect of supplements on cataracts
  - Validate the AMD scale from original AREDS
  - Results released May 5, 2013

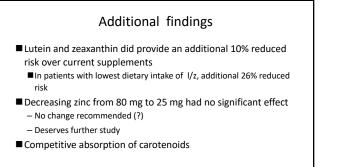


#### AREDS 2

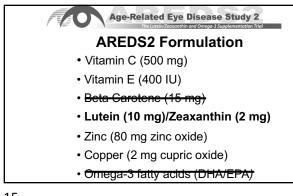
Major Conclusions:

- The addition of lutein and zeaxanthin, DHA and EPA or both to the AREDS formulation did not further reduce the risk of progression to advanced AMD
- Substituting L/Z (10 mg/2 mg) for beta carotene is an appropriate substitution, because of potential increased incidence of lung cancer in former smokers

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#### 15

#### Smoking and AMD

- Smoking has been shown in multiple studies to be the #1modifiable risk factor for getting AMD as well as its progression
- One study showed 90% of pts with AMD were not advised to quit smoking
- <50 of smokers knew that smoking could may contribute to blindness</p>

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# Smoking and AMD

Nurses health study

- 2.5 fold increase in AMD in current smokers
- 2.0 fold increase for past smokers
- Former smokers did not show decreased risk until 15 years after cessation
- 30% of all AMD related top smoking

#### Smoking and AMD

- Blue Mountain Eye Study: Australia 1992-1994
  - Current smokers had a 4-fold increase in late AMD compared with never-smokers
  - Former smokers had a 3 fold increase in late AMD, esp GA
  - 20% of all cases of blindness related to smoking

#### Smoking and AMD

- New research: *Retina* 2020
  - Current smokers have up to a 7-fold greater risk for nAMD vs nonsmokers
    - more aggressive , larger CNVM and worse baseline va in smokers
  - Current smokers were 6.2 years younger than nonsmokers needing treatment

 Pts who smoked while undergoing anti-vegf treatment experienced inferior 12 and 24 month visual outcomes

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#### Diet and AMD

- 2018 Study:
  - 4446 European pts >55
  - Seen every 5 years for 21 years on average
    - Adherence to Mediterranean Diet reduced risk of advanced AMD by 41%
      Support role of diet rich in fruits, vegetables, legumes and Fish in prevention
    - of AMD

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#### Diet and AMD

- 2016
  - Meta-analysis looking at 4202 cases in 128,988 individuals
  - Fish consumption reduced risk of both early and late AMD
  - Both for less than as well as more than 10 year follow up
  - Dark meat fish, esp. tuna fish, intake was associated with reduced risl of AMD
  - Linear association between dose of fish consumption and risk of AM demonstrated

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# Diet and AMD

#### • 2019

- Meta-analysis looking at 26 articles consisting of 211,676 subjects with 7154 cases of AMD from 8 studies
- 18% reduced risk for total AMD with increased fish intake, both early and late
- 20% increased risk for total AMD with increased alcohol consumption
- Increased risk for meat consumption for early AMD, but not late
- No association with fruits, vegetables, nuts, grain or dairy

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## Diet and AMD

- 2018: Rotterdam Eye Study
  - 4200 pts>55 years followed for 9.1 +/- 5.8 years
  - 754 developed AMD
  - Determined a diet of 200 grams per day of vegetable, fruit two times per day, and fish two times per week is associated with a significantly reduced risk of AMD
    - Only 3.7% of patients adhered to this

# Diet and AMD

- 2006
- 6734 pts followed for 13 years
  - Red meat more than 10x a week had a additional 47% risk of developing AMD vs those who ate red meat 5 times or less per week, especially early AMD
  - Chicken (white meat) 3.5 times a week had 60% chance less risk of AMD vs. those who ate 1.5 times a week, especially late AMD

#### Exercise and AMD

- 2017 Meta-Analysis, 9 studies, age range 30-97
- Physical activity associated with lower odds of early and late AMD in white population

   More pronounced with Late AMD
- Suggested that even a small amount of physical activity-as little as 3 hrs per week- may be beneficial

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#### Exercise and AMD

- Beaver Dam study
  - 4000 men and women 43-86 years old
  - Those who exercised 3 or more times a week had 70% lower risk for late amd (active lifestyle)
  - 30% lower rates of WET AMD in pts who walked 12 or more blocks 3 times a week

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#### Obesity and AMD

- Progression of Age-Related Macular Degeneration Study.
  - 2003, Seddon et al
  - Increased risk for advanced AMD with BMI>25
     Even more increased if BMI >30
  - Higher waist -hip ration also increased risk for progression
  - 25% reduction for vigorous activity 3x /week vs none
  - Other studies have been less conclusive

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#### UV and AMD

- 2016 Study
  - Current sunlight exposure showed no association with early or late  $\ensuremath{\mathsf{AMD}}$
  - Past sunlight exposure (>8 hrs /day) was associated with early AMD
  - Outside working was associated with late AMD
  - No association with iris color and early or late AMD
  - "Sunlight exposure during working life is and important risk factor for AMD, whereas sunlight exposure after retirement has less influence on the disease"

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## UV and AMD

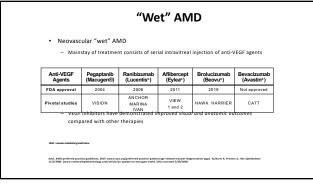
#### Beaver Dam Study

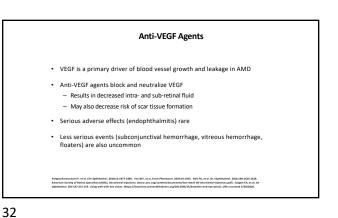
- Pts 43-86. 2764 followed for 10 years

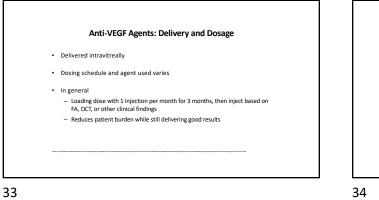
- People exposed to summer sun for >5 hrs while in teens and 30s were at higher risk of developing AMD at 10 years vs those who had less than 2 hrs
- Those that were exposed >5hrs but reported wearing hats and wearing sunglasses were at decreased risk vs those that did not
- People who reported 10 or more severe sunburns during youth vs 1 or no burn were at higher risk

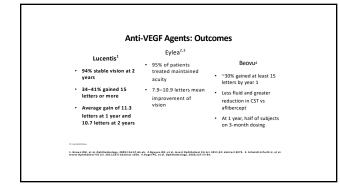
#### How do I use this information?

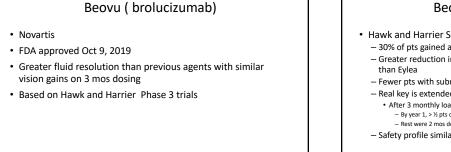
- Don't smoke
- Exercise regularly
- Keep other medical conditions under control
- Maintain a healthy weight
- Eat a diet high in fruits, vegetables, and fish
- Limit consumption of red meat and foods high in fat
  Protect eyes from sunlight with UV protection and sunglasses
- Take supplements as prescribed by your doctor
- Follow-up as recommended

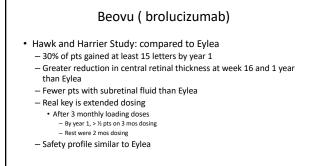












#### Beovu update

- In Feb, 2020, American Society of Retinal Specialists (ASRS) issued a warning reporting 14 cases of retinal vasculitis following injection of Beovu — 11/14 were occlusive and resulted in vision loss
- In March, Novartis concluded that retinal vasculitis, retinal artery occlusion, or severe vision loss occurred in 8.75-10.08 out of 10,000 injection
- Added to warning label
   Intraocular inflammation in 4% of pts
   Artery occlusion in 1%
- · Advised to avoid if pts had h/o inflammation to any other anti-Vegf agent

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#### Faricimab (Vabysmo<sup>™</sup>)

- FDA approved January 3, 2022 for AMD and DME
- Roche /Genetech
- First bi-phasic antibody for intraocular useOne arm: Vegf-A inhibitor
- Other arm: Angiopoietin-2 (Ang-2)inhibitor
- growth factor that promotes vascular destabilization and and inflammation
- Dual inhibition of VEGF and Ang-2 have proven more effective than inhibiting either target alone

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#### Faricimab

- Avenue/Stairway
  - Looked at 2 doses ( 6.0 and 1.5 mg) of Faricimab vs Lucentis
  - Good anatomic improvement and vision gains similar to Lucentis
     Mean vision gains of 9.6 to 11.4, depending on dose and schedule

     Faricimab 6.0 mg q 16 weeks had greatest gain (11.4)
  - TENAYA/LUCERNE
    - Met primary endpoint: people receiving farcimab q 16 weeks achieved VA outcomes that were non-inferior to Eylea q 8 weeks at 1 year
    - Almost half (45%) were injected q 16 weeks

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#### Vabysmo™

- Farcimab FDA approved January 3, 2022 for AMD and DME
- AMD: 4 initial monthly doses, then every 2,3 or 4 mos, based on outcome
- DME: 4 initial monthly doses, then every 1-4 mos, based on outcomes
- COMINO and BALATON studies underway to evaluate efficacy and safety in people with macular edema following RVO

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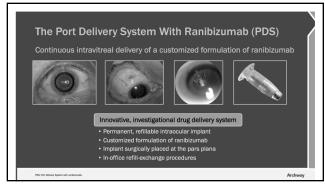
#### How can we have longer duration?

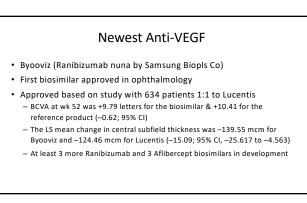
- Genentech Port Delivery System (PDS)
- LADDER Study: :PHASE II reported
  - 63-80% didn't need refill for 6 mos depending on dosage
  - Comparable VA and macular thickness compared to injections
- 50% gained at least 3 lines, 10% lost 3 lines
- Archway Phase III (7/2020)
  - 98% no refill before planned at 24 wks
  - BCVA and CST equivalent to monthly Lucentis
  - 2 refills vs 10.7 Lucentis injections over 12mos

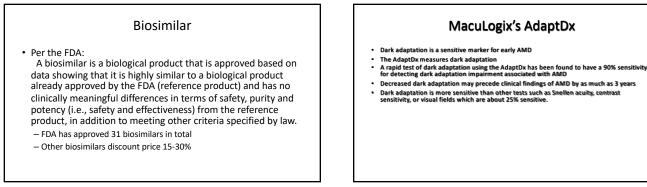
#### Susvimo™

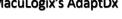
- Previously known as Port Delivery System with 100mg/ml Ranibizumab
- FDA approved 10/21
- Non-inferior to Lucentis q month

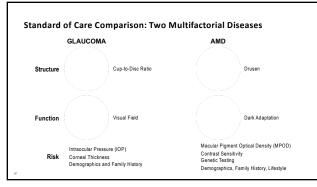
   Only 1.6% needed rescue injection before 6mo refill (>98% no rescue)(4/246)
  - VA and anatomical outcomes equivalent after 72mos vs monthly injection
     Regardless of presence or absence of subretinal or intraretinal fluid
- +.2 letters after 40 weeks vs .5 in monthly injections
   2% developed at least 1 episode of endophthalmitis (3x that of injections)
   Studies underway for DME, DR s DME and AMD at 9mo interval

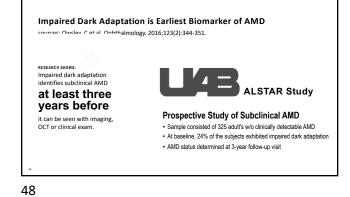


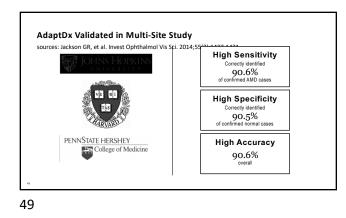


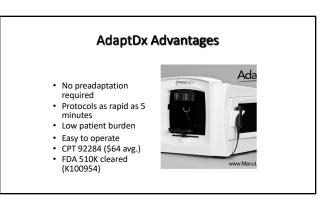


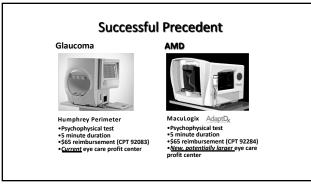












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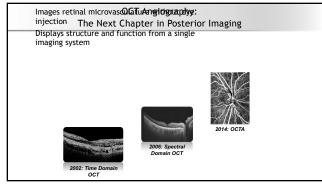
#### How can we use this information?

- Detect AMD sooner
  - Start Lifestyle intervention sooner
  - Sooner/more frequent appointments
- Consider earlier vitamin supplementation
- Useful to track progression in pts with mild or worse AMD
- In glaucoma, use both structure and function to help monitor
- Why not the same in AMD...

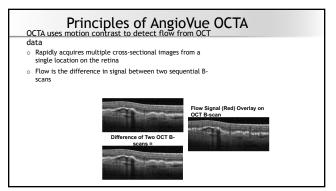
# Can Dark Adaptation play a role in established AMD??

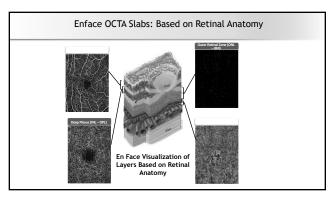
- 65 patients w established AMD followed for 4 yrs
- Decline in DA correlated w pt reported function
- Accelerated in eyes w more severe AMD and especially in eyes developing Subretinal Drusenoid Deposits
- Worsening DA correlated w Low Luminance Questionaire scores

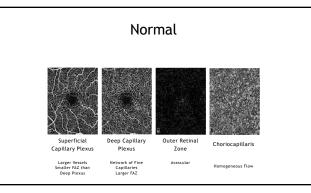
Chen et al. DA as Functional Measure in AMD. Ophth 6/19.

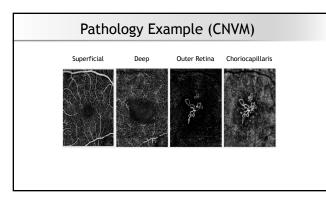


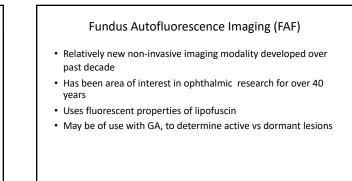








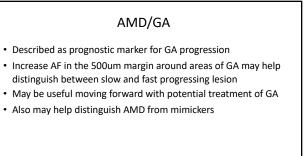




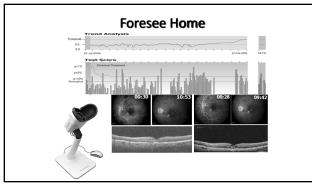
#### Lipofuscin

- Aging or disease to photoreceptors causes accumulation of lipofuscin
- Lipofuscin is composed of mainly of A2E
- Excessive lipofuscin deposition is considered pathological and associated with visual loss
- Considerable evidence that accumulation of lipofuscin can cause cell death and aptosis

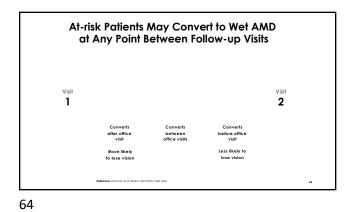
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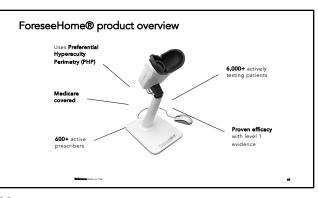
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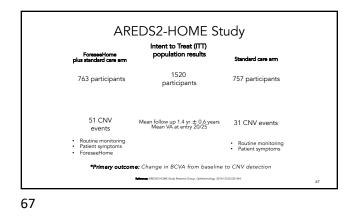


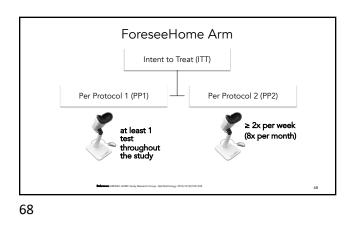
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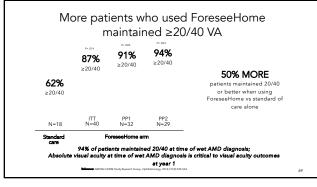


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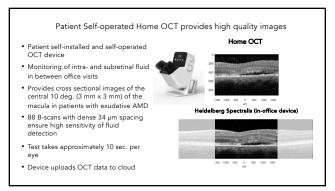


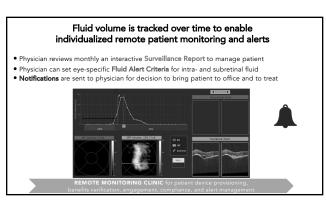




- Notal OCT Analyzer (NOA)
- "Uses computer image analysis algorithm to provide automated detection of pathological fluid in exudative retinal disease, including wet AMD, macular edema and retinal vein occlusion"
- Performance validated in study comparing sensitivity, specificity and accuracy with 3 retinal specialist





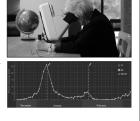


Clinical trial results show excellent system performance

- Cohorts >450 patients, 800 eyes, 6,400 OCT scans • Usability
- 90% of exudative AMD patients self-imaged successfully • Image Quality

Sensitivity and specificity of ophthalmologist identifying fluid was 97% and 95%, respectively • Fluid Quantification

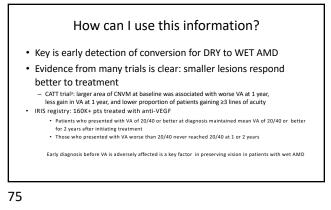
Nano-liter amounts of fluid in the retina can be tracked automatically

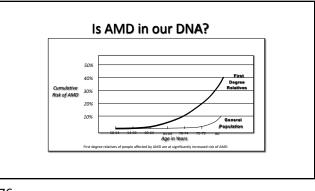




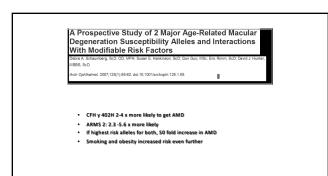


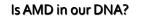
- Patient feedback: Positive survey results
- <u>Fluid identification by doctor vs. Al:</u> 83% agreement; disagreements only in eyes with small amounts of fluid.
- In some cases, the treat and extend regimen exposed the retina to fluid for several weeks.











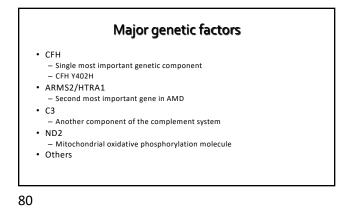
- AMD is a genetic disease with known markers accounting for at least 70% of the population attributable risk
- Other 30% is environmental/lifestyle
- Risk factors
  - Non-modifiable: age, race, gender
  - Modifiable: Smoking, increased BMI, poor diet/nutrition, UV exposure

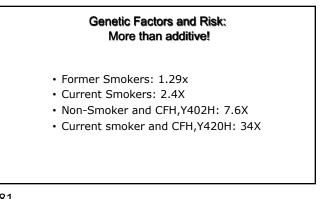
# AMD is a Genetic Disease

Population Attributable Risk	
Condition	Genetics (%)
Colorectal Cancer	35
Diabetes II	26
Coronary Artery Disease	40
AMD	70

Those with stronger genetic risk develop more advanced disease earlier in life.

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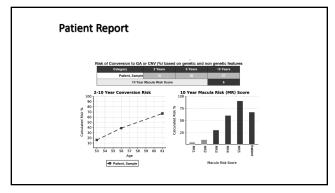
# AMD Genetic Testing: Arctic DX

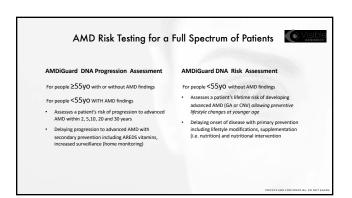
Macula Risk NXG Looks at 15 SNPs as well as smoking, BMI, age and AMD status to determine AMD patients who may progress to advanced AMD and vision loss in

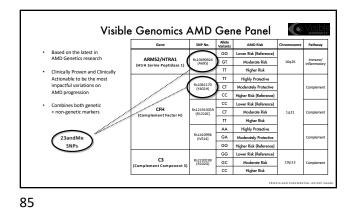
2 years
5 years
10 years

Cheek Swab











#### How can we use this information?

- Increased surveillance for those at higher risk
   Sooner/more frequent appointments
  - More diligent home monitoring
- More diligence with modifiable risk factors
- Consider earlier vitamin supplementation
- Potential treatments in the future

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THE FUTURE....

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#### Genetic treatments

- · Several companies looking at genetic treatment for AMD
- Viral vectors are used to introduce an anti-VEGF encoding transgene to allow they eye to begin to secrete anti-VEGF
  - Transforms the eye into a "biofactory"
  - Produces its own anti-VEGF supplyReduces need for extrinsic injections
- RGX-314 and ADVM-022

#### Geographic atrophy treatment

- Estimated that 1.2 million Americans suffer from GA
  - > 5 million globally
  - 42% of pts with GA are legally blind
  - Incidence increases with age
  - Responsible for over 20% of all vision loss in pts with AMD
- Treatment geared at decrease in lesion growth
- Various targets being investigated

#### Pegcetacoplan

- Pegcetacoplan (Apellis): synthetic molecule that downregulates C3 and all complement pathways
- Delivered intravitreally
- Phase II Studies: 246 pts
  - At 12 mos, 29% lower rate of  $\,$  GA progression with monthly injections vs sham
  - No difference in visual acuity

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#### pegcetacoplan

- Phase 3 DERBY and OAKS
   Sept 9, 2021
- OAKS: met primary endpoint
   16%-22% reduction in lesion growth at 1 year
- DERBY: did NOT meet primary endpoint

   11%-12% reduction in lesion growth at 1 year
- FDA ruling expected Feb 2023

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#### Gyroscope therapeutics

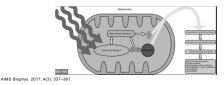
- GT005: investigational gene therapy designed to induce expression of CF-I after subretinal delivery
  - CF-I down regulates CF
  - CF related to inflammation and GA lesion progression
- Stage II studies showed well tolerated and had positive effects on lesion size and acuity
- Phase III studies underway

   Looking for pts with GA and CF-I rare variants (≅3-5%) vs all GA pts

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# Photobiomodulation (pbm) for AMD

- Principle: Red or NIR light (600-900 nm) upregulates mitochondrial cytochrome C oxidase, leading to ↑ATP production and ↓inflammation/apoptosis
- PBM VROS in oxidatively stressed cells, including retinal vascular endothelium



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#### A Non-nutritional treatment for AMD: Photobiomodulation

- LIGHTSITE 1 had 36 subjects and tested 46 eyes
- Two series of treatments (3× per week for 3–4 weeks) over 1 year
- PBM patients had +4 letters at Month 1 and 7
- 50% of PBM improved at least 5 letters vs 13.6%
- $-\,$  Stat signif improvement in contrast, drusen volume, drusen thickness and QOL scores
- LIGHTSITE III currently enrolling in the US
  - Primary outcome is VA
     Uses Valeda system by Lumithera

Markowitz et al. Photobiomodulation for AMD. Retina 8/19

# Others

#### Oracea

- Low dose oral doxycycline
- Control inflammation
- Phase II/III studies underway on GA growth
- Metformin
  - 2021 Article, JAMA ophthalmology
  - 5-10% reduced odds of developing AMD in pts on metformin
  - Further studies needed

# Others

- RPE Patch
  - Graft RPE from stem cells to damaged macula area
  - Recent advances in growing cells as well as surgical technique
  - Many years away form practical use
- Stem cells
  - Small trials show promiseMay be 10+ years away

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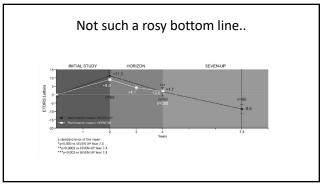
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#### Seven-Year Outcomes in Ranibizumab-Treated Patients in ANCHOR, MARINA, and HORIZON

A Multicenter Cohort Study (SEVEN-UP)

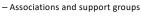
Soraya Rofagha, MD, MPH,<sup>1</sup> Robert B. Blisislaul, MD, PhD,<sup>1</sup> David S. Boyer, MD,<sup>2</sup> SriniVas R. Sadda, MD,<sup>3</sup> Kang Zhang, MD, PhD,<sup>4</sup> for the SEVEN-UP Study Group\*

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Macularhope.org
Sightmatters.com



# Conclusion • More options than ever for pts with early to intermediate AMD – Vitamins and lifestyle changes – New technology • Dark adaptation • Home Testing • Genetic testing • More options for wet AMD treatment with more in pipeline • If suboptimal vision, don't forget about low vision!! "With great power comes great responsibility" Uncle Ben, Spiderman