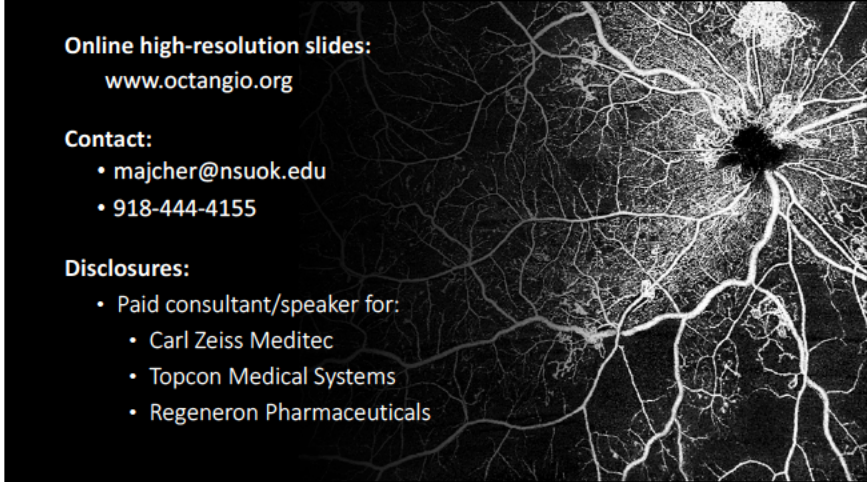


**MULTIMODAL IMAGING GRAND ROUNDS**

Carolyn Majcher, OD, FAAO, FORS  
Oklahoma College of Optometry

1



Online high-resolution slides:  
[www.octangio.org](http://www.octangio.org)

Contact:

- [majcher@nsuok.edu](mailto:majcher@nsuok.edu)
- 918-444-4155

Disclosures:


- Paid consultant/speaker for:
  - Carl Zeiss Meditec
  - Topcon Medical Systems
  - Regeneron Pharmaceuticals

2



NEVUS OR MELANOMA?

3

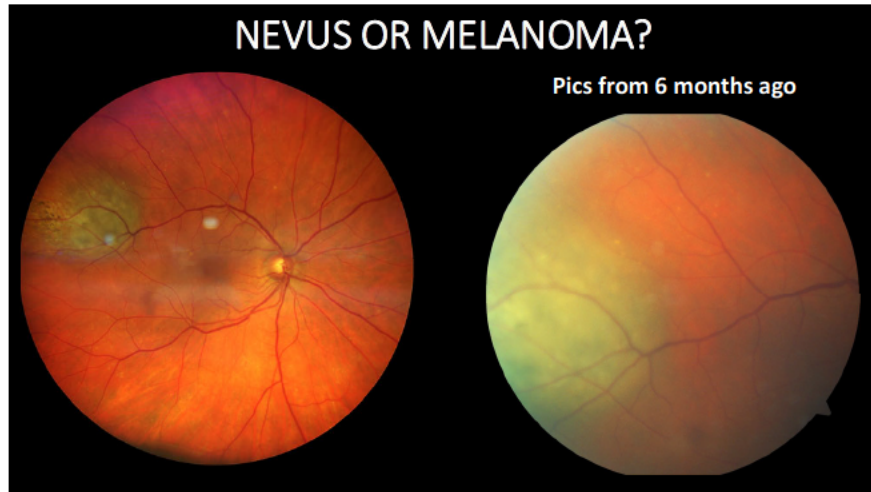


**NEVUS OR MELANOMA?**

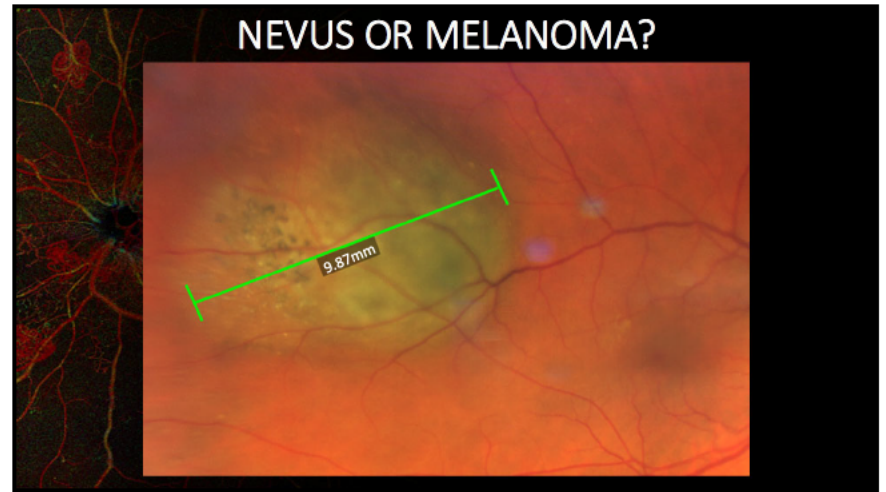
72yo American Indian female

- CC: Doctor directed visit 6mo cataract FU
- Oc Hx:
  - Cataracts OU
  - LEE & DFE 6 months ago
  - Choroidal nevus OD (description from DFE 6mo ago: "Large choroidal nevus superior temporal 3DD flat, distinct borders," took photos but not linked to chart)
- BCVA
  - OD 20/40
  - OS 20/30

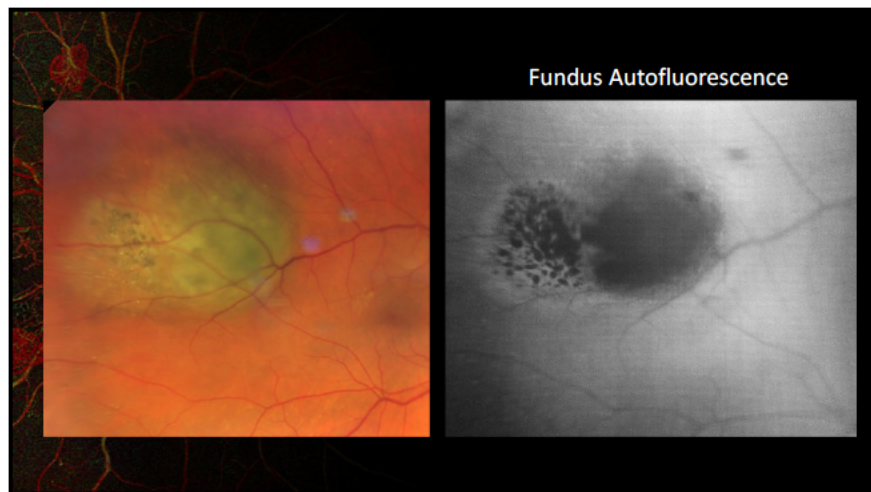
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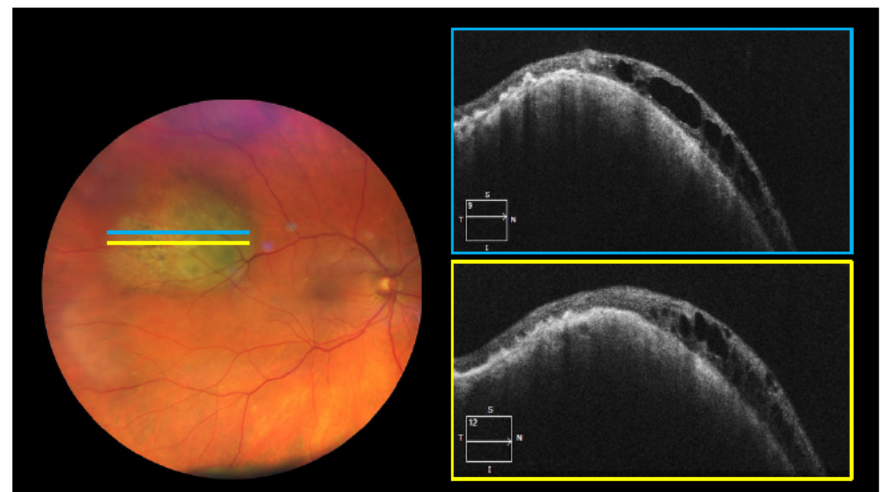
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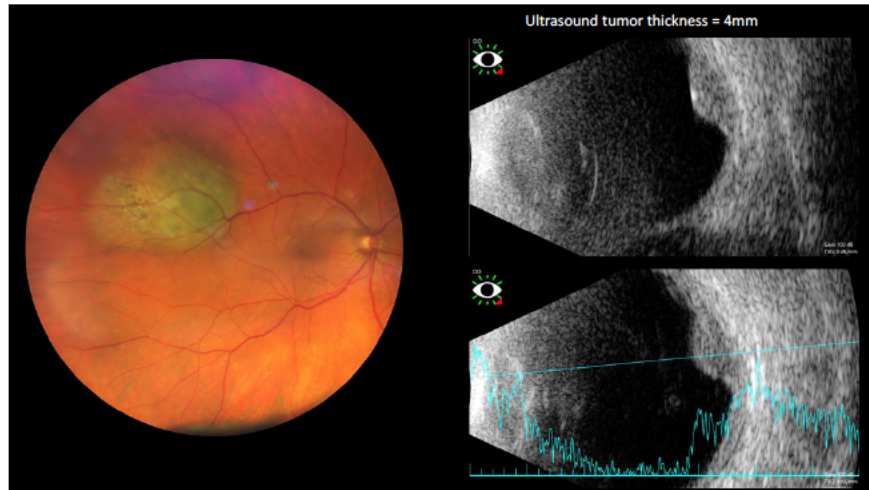
6



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8



9

## NEVUS OR MELANOMA?

### Decision Dx-Uveal Melanoma: Gene Expression Profiling

**Assessment**

- Choroidal melanoma

**Plan**

- Ocular oncologist treated with plaque radiotherapy and took sample for gene expression profile testing
  - Class 1A
- Liver ultrasound, liver function tests with LDH, and chest x-ray all WNLs

DecisionDx-UM test results are reported as follows:

- Class 1A – very low risk (2%) of metastasis within 5 years\*
- Class 1B – moderate risk (21%) of metastasis within 5 years\*
- Class 2 – high risk (72%) of metastasis within 5 years\*

10

## NEVUS OR MELANOMA?

### Differentiating small choroidal melanoma from choroidal nevus

**C Shields mnemonic 2002:**

**To Find Small Ocular Melanoma**

- T- Thickness (>2mm US = ~ 890um OCT)
- F- Fluid
- S- Symptoms
- O- Orange pigment
- M- Margin near optic disc

**Risk for growth within the next 5 years:**

- 0 risk factors = 3%
- 1 factor = 38%
- 2 or more factors = > 50%

Shields CL, et al. Clinical features of small choroidal melanoma. Curr Opin Ophthalmol. 2002 Jun;13(3) 135-41.

11

## NEVUS OR MELANOMA?

### TFSOM- UHHD

Ultrasonic Hollowness (UH)

Halo ABSENT (H)

Drusen ABSENT (D)

12



## NEVUS OR MELANOMA?

**Differentiating small choroidal melanoma from choroidal nevus 2019 UPDATE** ★

To Find Small Ocular Melanoma Doing IMaging (TFSOM-DIM)

- T- Thickness (>2mm US = ~ 890um OCT)
- F- Fluid, SRF
- S- Symptomatic VL (VA ≤20/50)
- O- Orange pigment (FAF)
- M- Melanoma acoustic hollowness
- DIM- DiaMeter >5mm

Risk for growth within the next 5 years:

- 0 risk factors = 1.1%
- 1 factor = 11%
- 2 factors = 22%
- 3 factors = 34%
- 4 factors = 51%

Variable	Letter	Meaning	Testing	Hazard ratio (mean) multivariate analysis	P value
Thickness tumor >2mm	T	Tu	US	3.80	<0.0001
Fluid subretinal	F	Flud	OCT	3.56	<0.0001
Symptomatic visual acuity <20/50	S	Seel	Snellen VA	2.28	0.0030
Orange pigment	O	Orake	FAF	3.07	0.0004
Melanoma acoustic hollowness	M	Melanoma	US	2.19	0.0020
Diameter tumor >5mm	DIM	Doing IMaging	Photography	1.84	0.0275

M, autofluorescence; OCT, optical coherence tomography; US, ultrasonography; VA, visual acuity. Adapted from [17].

Shields CL. Small choroidal melanoma detection with multimodal imaging and management with plaque radiotherapy or AU-011 nanoparticle therapy. Curr Opin Ophthalmol. 2019

13

## NEVUS OR MELANOMA?

FAF: Aids in detection of orange pigment (lipofuscin)

14

## NEVUS OR MELANOMA?

Diameter more than 5mm (by photography)

15

## NEVUS OR MELANOMA?

Enhanced Depth Imaging-OCT Features of Small Choroidal Melanoma Compared with Choroidal Nevus

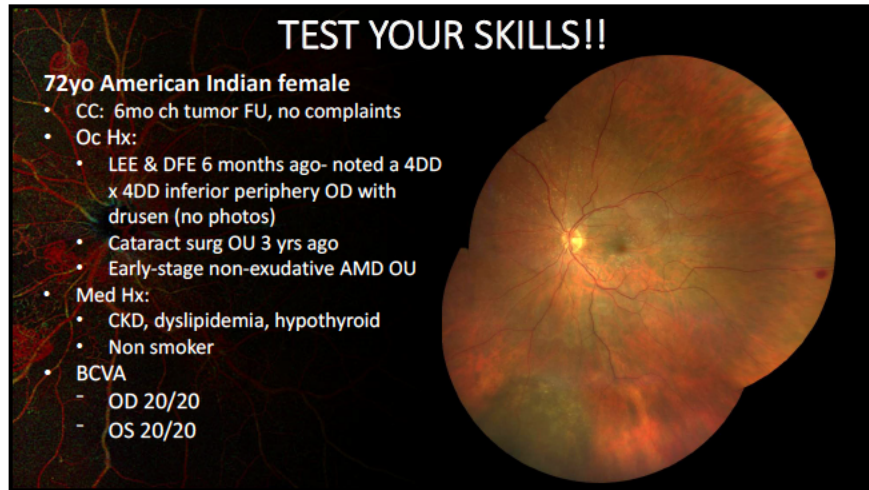
	Melanoma	Nevus	P value
Mean tumor thickness (EDI-OCT)	1025µm	685µm	NA
Subretinal lipofuscin	95%	45%	NA
Subretinal fluid	92%	16%	NA
Shaggy photoreceptors	49%	0%	<.001
PR abnormality	73%	43%	0.005
IS/OS junction loss	65%	6%	0.02
Intraretinal edema	16%	0%	0.003
ELM loss	43%	2%	0.008
IPL abnormality	8%	0%	0.04
GCL abnormality	8%	0%	0.04

\* Small choroidal melanoma tumor thickness was overestimated by 55% on ultrasonography compared with EDI-OCT

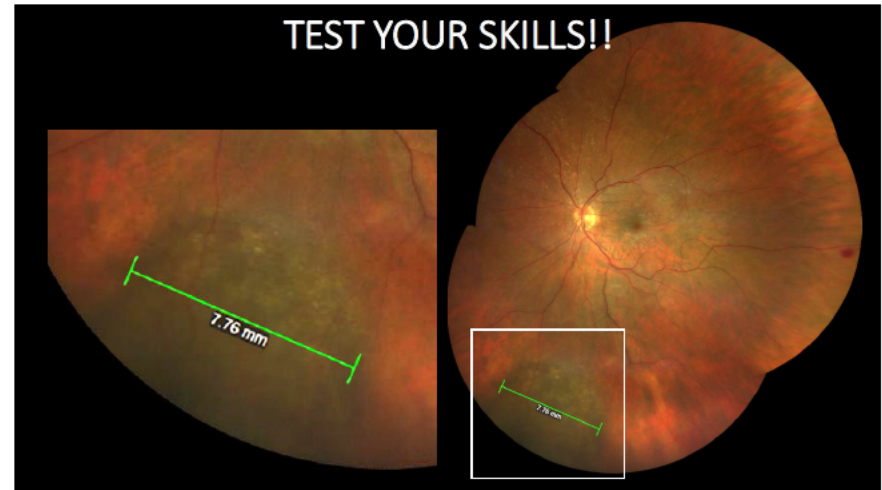
Shields CL, et al. Enhanced depth imaging OCT of small choroidal melanoma comparison with choroidal nevus. Arch Ophthalmol. 2012 Jul;130(7) 850-6.

16

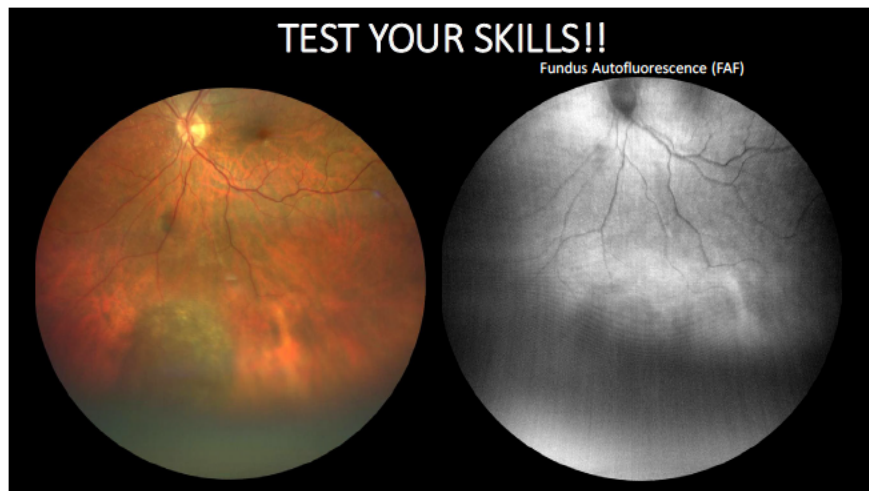




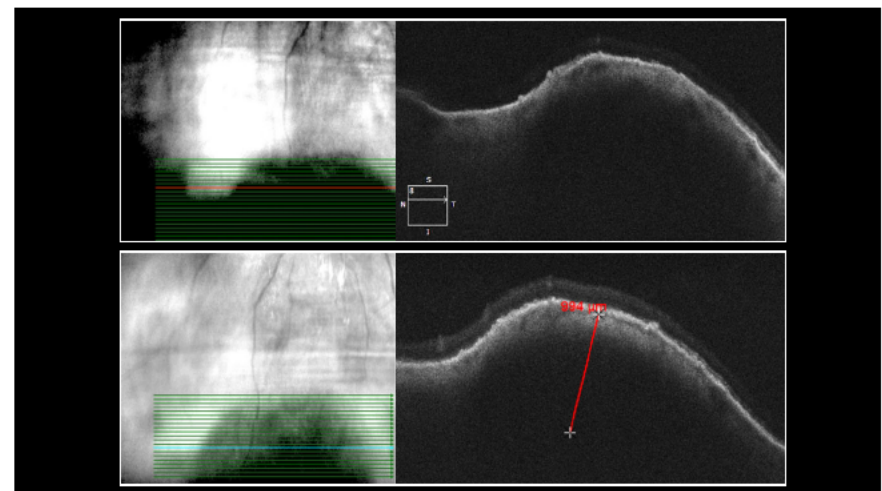
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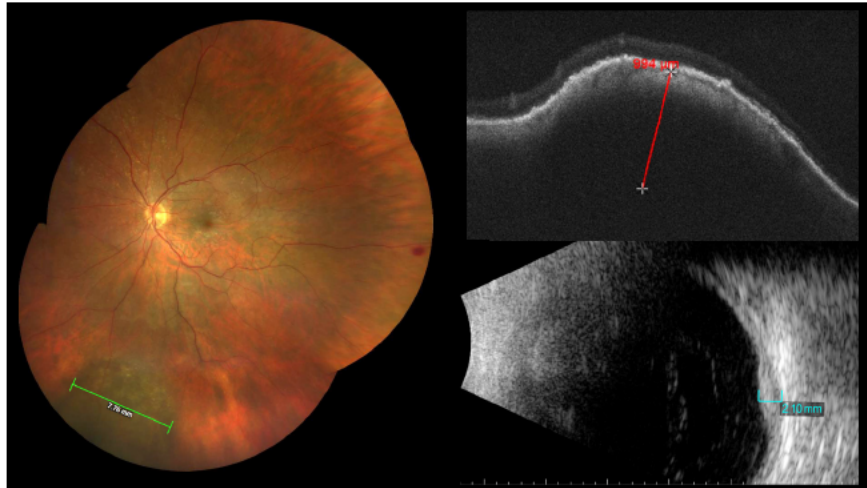
18



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21

## Take Home Message

### Differentiating Choroidal Nevus from Small Melanoma

- Fundus autofluorescence aids in detection of subclinical orange pigment (lipofuscin) = ↑ malignancy risk
- Photography diameter >5mm = ↑ malignancy risk
- Ultrasound acoustic hollowness = ↑ malignancy risk
- OCT aids in the detection of subtle SRF and overlying retinal abnormalities = ↑ malignancy risk
- EDI OCT aids in measuring tumor thickness (OCT measurements approx. half of ultrasound measures)



22

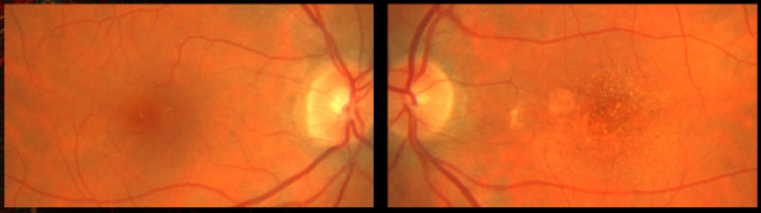


23

## DON'T WAKE THE SLEEPING DRAGON

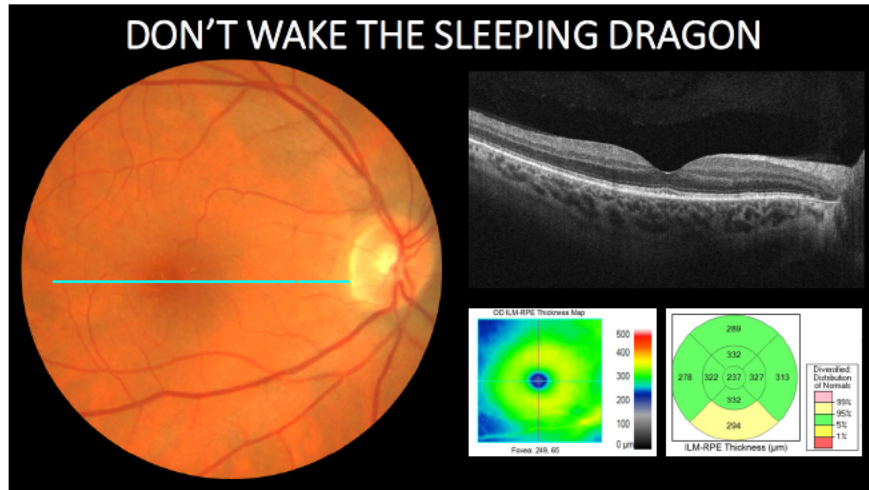
**68yo male**

- CC: Routine exam, no visual complaints
- Oc Hx:
  - Dry AMD x 5 years OU, taking AREDS 2
  - Cataract NS 1+ OU
- Med Hx:
  - HTN, Type 2 DM
  - Never smoker
- Vision: BCVAs @dist
  - OD 20/20
  - OS 20/40+1

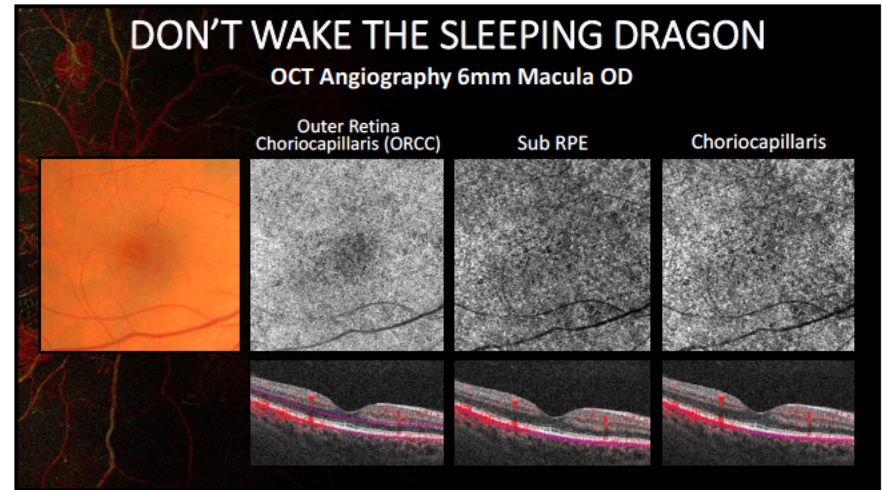


24

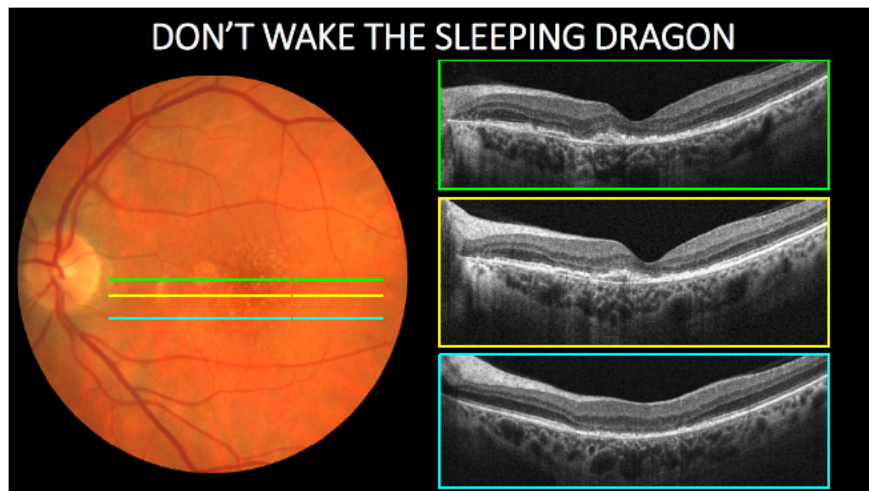




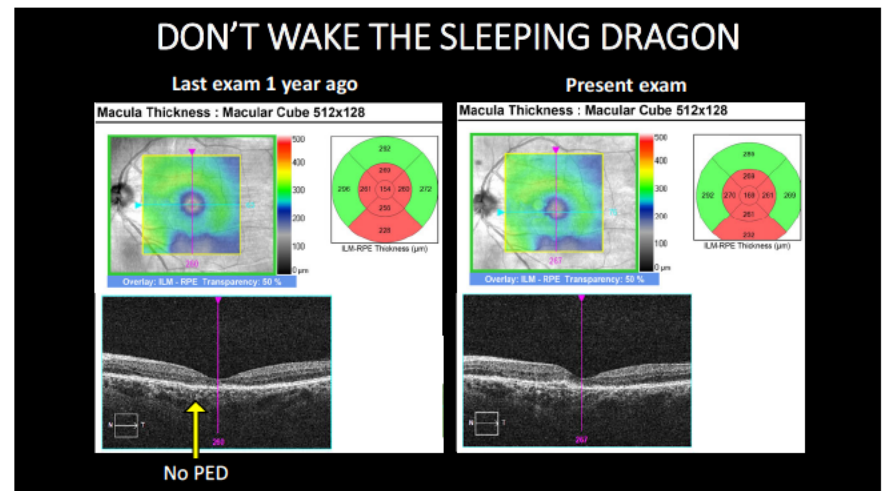
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26

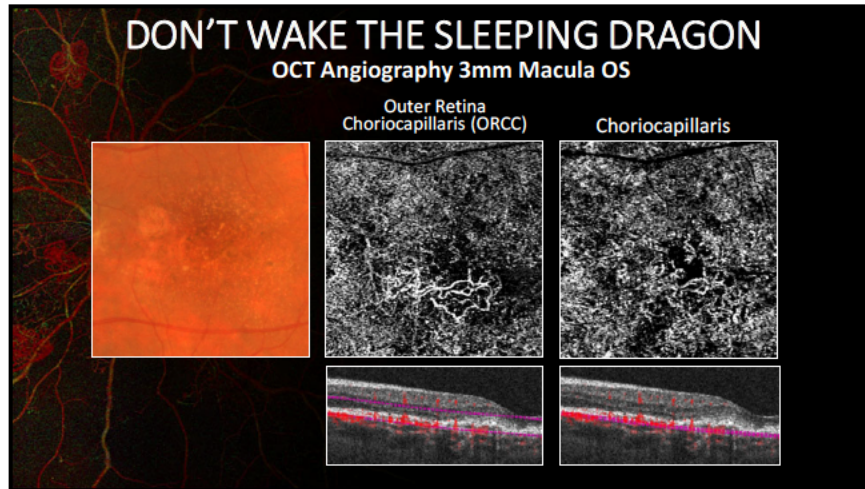


27



28





29

## DON'T WAKE THE SLEEPING DRAGON

### Assessment

- OD Early stage non-exudative AMD
- OS Non-exudative AMD with probably quiescent CNV

### Management

- FU 3 months
- Cont. amsler & AREDS 2

30

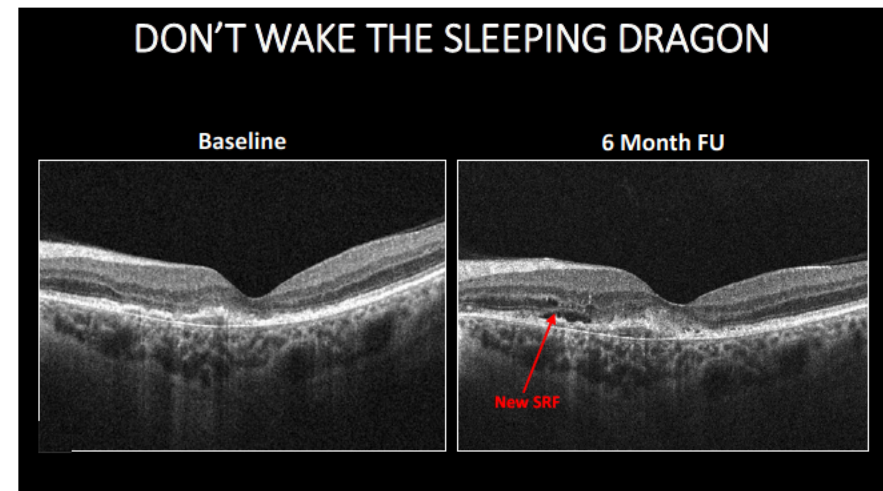
## DON'T WAKE THE SLEEPING DRAGON

No shows 3 month follow up appt, **returns 6 months later**

CC: Still no vision complaints, reports **stable vision**, no changes noted on amsler

- Vision: BCVAs @dist
  - OD 20/20<sup>-1</sup>
  - OS 20/40<sup>+1</sup>
- No change in fundus or OCT appearance OD
- No appreciable change in fundus appearance OS via ophthalmoscopy.....

31

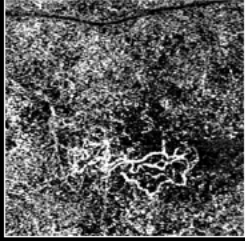
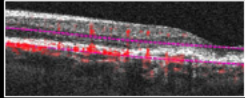


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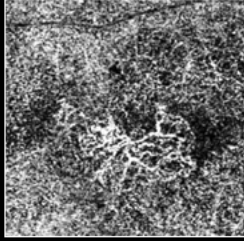
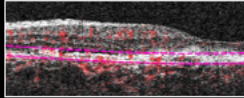
## DON'T WAKE THE SLEEPING DRAGON

### OCT Angiography 3mm Outer Retina Choriocapillaris OS

Baseline

6 Month FU (6mm)

33

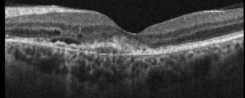
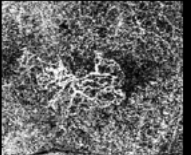
## DON'T WAKE THE SLEEPING DRAGON

### Assessment

- OD Early stage non-exudative AMD
- OS **EXUDATIVE** AMD

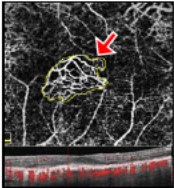

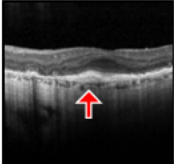
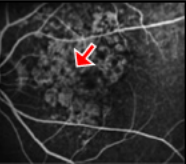
### Management

- Refer to retina for intravitreal anti-VEGF





34

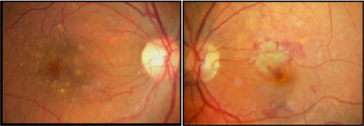
## NONEXUDATIVE CNV

1. Well-defined neovascular complex via OCTA
2. No signs of exudation via ophthalmoscopy such as exudate or blood
3. No fluid via structural OCT
4. No leakage with IVFA



Present in approx. 10% of high risk AMD eyes (intermediate AMD, exudative fellow eye)



Camevali A, et al. OCTA: A Useful Tool for Diagnosis of Treatment-Naive Quiescent CNV. Am J Ophth. 2016.

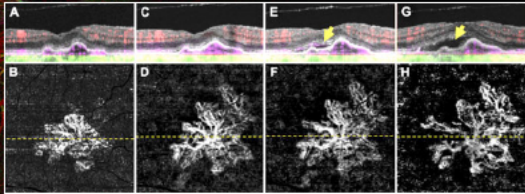
Or C, et al. Incidence of Vascularized Drusen in Non-Exudative ARMD using SD-OCTA. ARVO 2018.

35

## NONEXUDATIVE CNV

### Prognosis

- Rate of future exudation, eyes with nonexudative CNV vs eyes without nonexudative CNV
  - Bailey S ARVO 2017. 60% vs 4% (5 months)
  - De Oliveira Dias J Ophthal 2018. 21% vs 4% (12 months)
  - 15x greater risk of exudation after detection of nonexudative CNV



**EYES WITH NONEXUDATIVE CNV ARE AT HIGH RISK FOR EXUDATIVE CONVERSION!**

Bailey S et al. Early detection of CNV with OCTA. ARVO 2017.

De Oliveira Dias JR, et al. Natural History of Subclinical Neovascularization in Nonexudative ARMD Using SS-OCTA. Ophthalmol 2018.

36



## DON'T WAKE THE SLEEPING DRAGON

### *Take Home Message*

**Non-exudative CNV**

- Non-exudative CNV is a well-formed CNV membrane in an untreated eye that has no OCT (fluid) or ophthalmoscopic signs of leakage (hemorrhage, exudative, fluid) and does not leak with IVFA.
- OCTA is the only method of detecting and monitoring growth of non-exudative CNV membranes.
- Non-exudative CNV in AMD carries a substantial risk for conversion from nonexudative to exudative AMD.



37



### *The Curious Case of the Swollen Discs*





38

## THE CURIOUS CASE OF THE SWOLLEN DISCS

**6yo white female**

- CC: First eye exam. No ocular or systemic complaints per patient and mother.
- Oc Hx: unremarkable
- Medical Hx: unremarkable
- Meds: none
- Final Refraction
  - OD: +1.00 -1.25x176: 20/20-3
  - OS: +1.50 -1.75x002: 20/20-2
- Entrance testing and SLE of ant seg: Unremarkable OU
- IOPs 21/20mmHg
- BP: 98/66



39

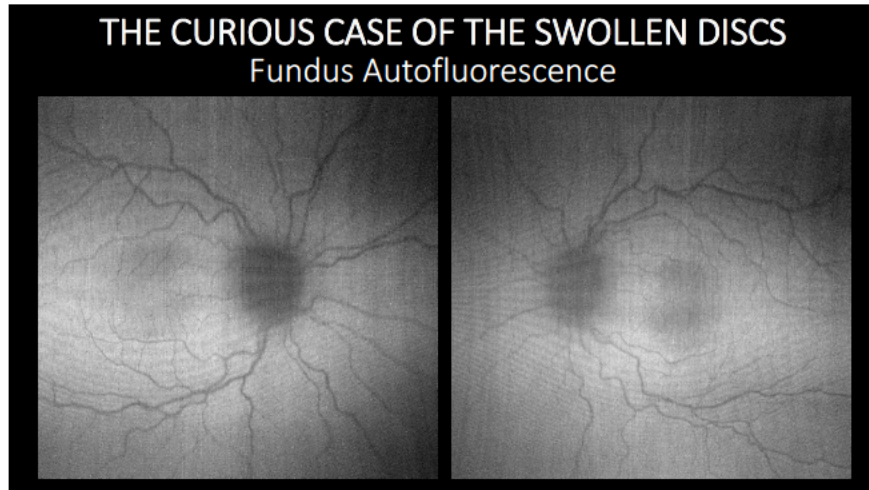
## THE CURIOUS CASE OF THE SWOLLEN DISCS



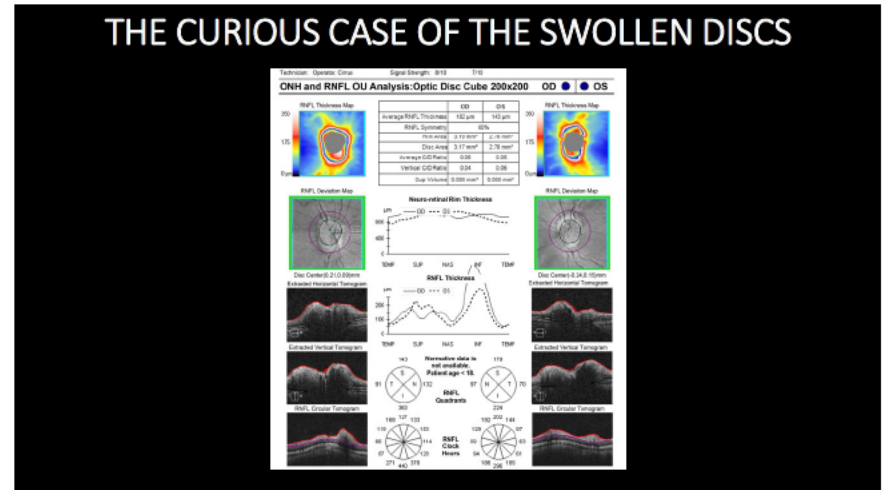
(-) SVP

40

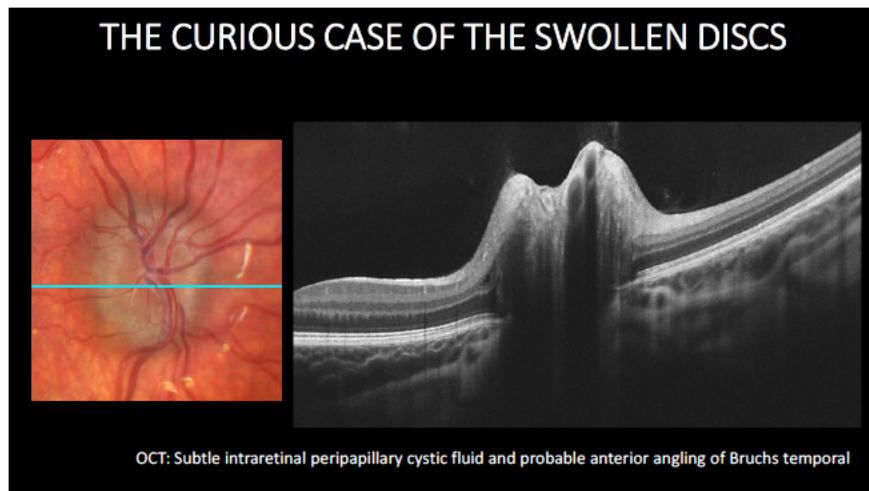




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42

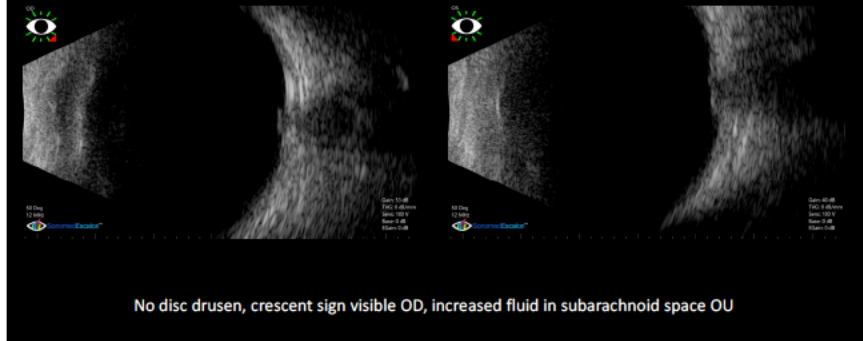


43



44

## THE CURIOUS CASE OF THE SWOLLEN DISCS B-scan OD/OS



45

## THE CURIOUS CASE OF THE SWOLLEN DISCS MRI/MRV brain and orbits with and without contrast

### MRI Head

- Mild concavity to the superior margin of the pituitary gland.. otherwise no intracranial space-occupying lesion and no evidence of acute hydrocephalus.

### MRV Head

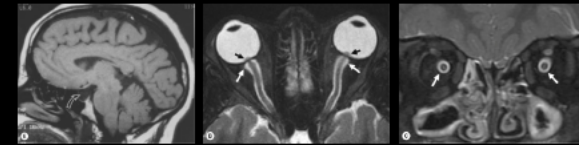
- The left transverse sinus appears to be significantly hypoplastic. Rt transverse sinus is dominant. No evidence of dural venous sinus thrombosis.

### MRI Orbits

- Bilateral optic disc bulge and increased nerve sheath CSF (distended).

### IMPRESSIONS

- Findings suggestive of raised intracranial pressure.



46

## THE CURIOUS CASE OF THE SWOLLEN DISCS Lumbar Puncture

### Opening Pressure

- Elevated at 288 mm of H<sub>2</sub>O

### CSF Analysis/cytology

- Glucose, lymphocytes, monocytes, protein and macrophages all WNL. No atypical or malignant cells identified. VDRL non-reactive and cryptococcus antigen negative.

### ASSESSMENT

- Pediatric IIH

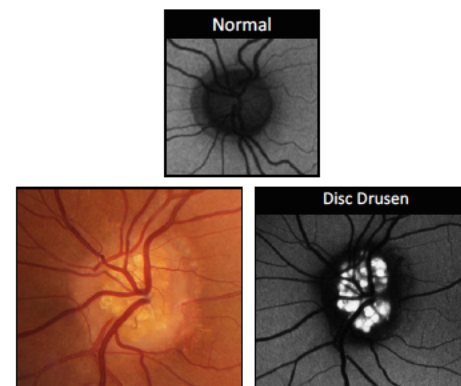
### PLAN

- Acetazolamide 9.4mL (235mg total) by mouth every 12 hours

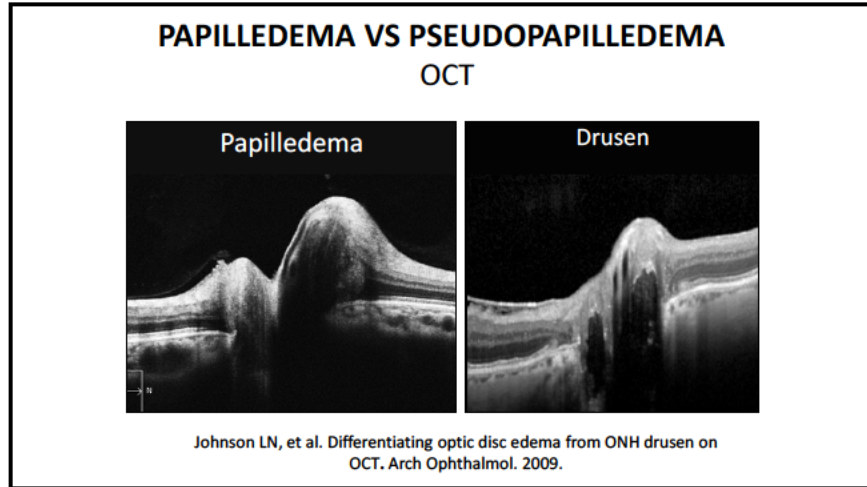
47

## PAPILLEDEMA VS PSEUDOPAPILLEDEMA

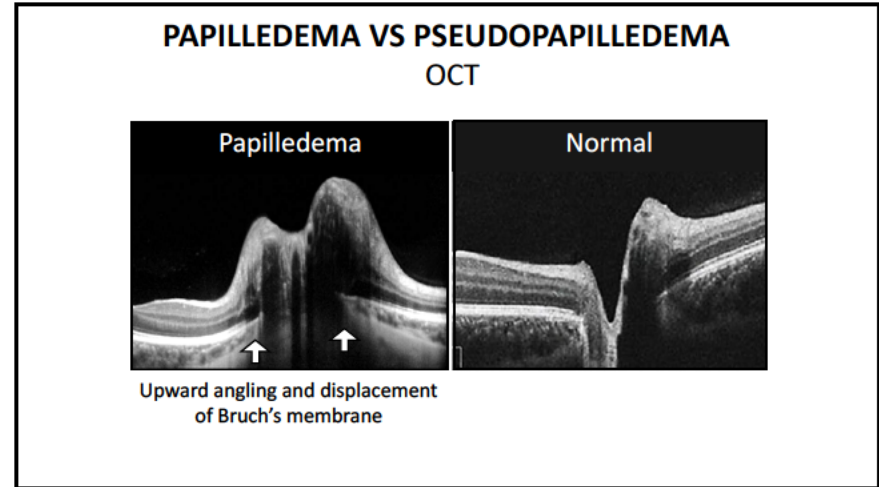
Fundus autofluorescence (FAF)



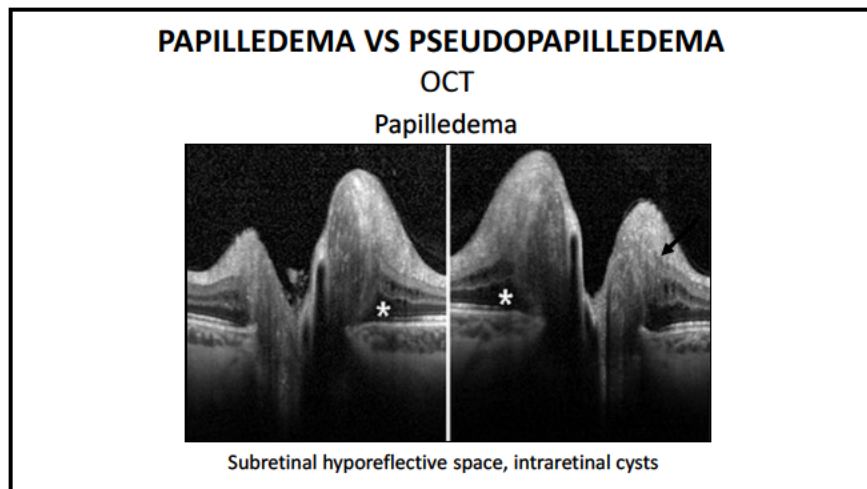
48



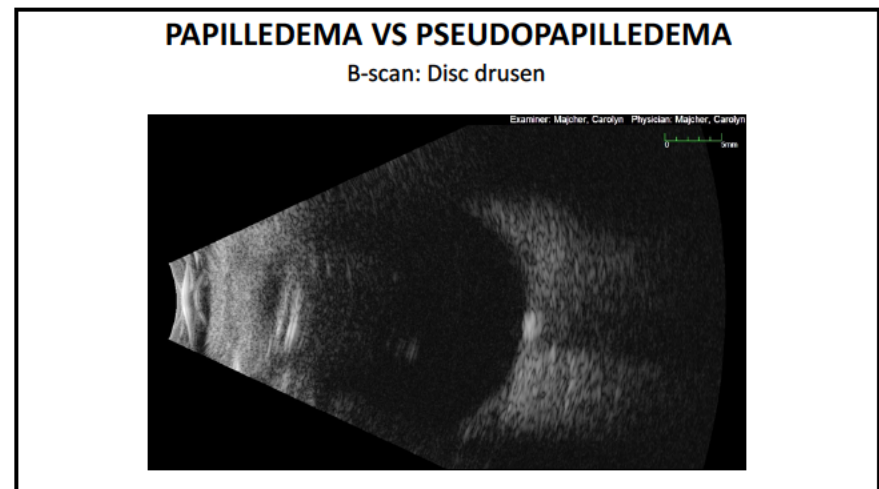
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50



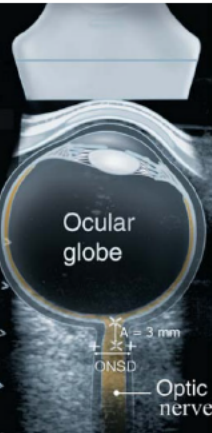
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52



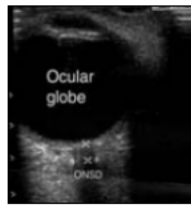
### PAPILLEDEMA VS PSEUDOPAPILLEDEMA



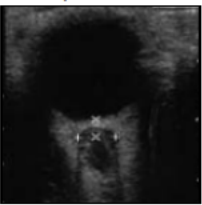
**B-scan**

- Optic nerve sheath diameter (ONSD) >5 mm is highly suspicious for papilledema
- Need to put into a clinical context

Normal



Papilledema



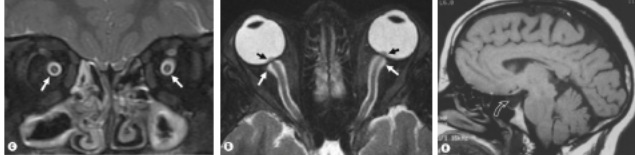
Blaivas M, et al. Elevated ICP detected by bedside emergency ultrasonography of the optic nerve sheath. Academic Emergency Medicine 2003;10 376-81

53

### PAPILLEDEMA VS PSEUDOPAPILLEDEMA

**MRI signs of papilledema**

- Flattening of posterior sclera/globe
- Distension of perioptic subarachnoid space ± tortuous optic nerve
- Intraocular protrusion of the prelaminar optic nerve
- Enhancement of the prelaminar optic nerve
- Empty sella



54

### Pediatric Idiopathic Intracranial Hypertension (IIH)

**Pediatric IIH**

- May be a different underlying mechanism
- 50% males (prepubertal pediatric patients)
- Affected adolescents tend to be overweight, but obesity and weight gain are not associated risk factors in patients younger than 11 years
- Presentation S/S similar to adults except CN VI palsy more common (33%)
- Most cases improve with medical treatment

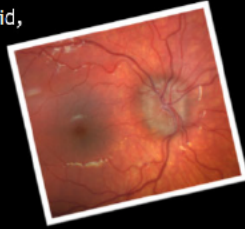
Liu G, et al. Pediatric IIH. Surv Ophthalmol. Nov-Dec 2007;52(6) 597-617.

55

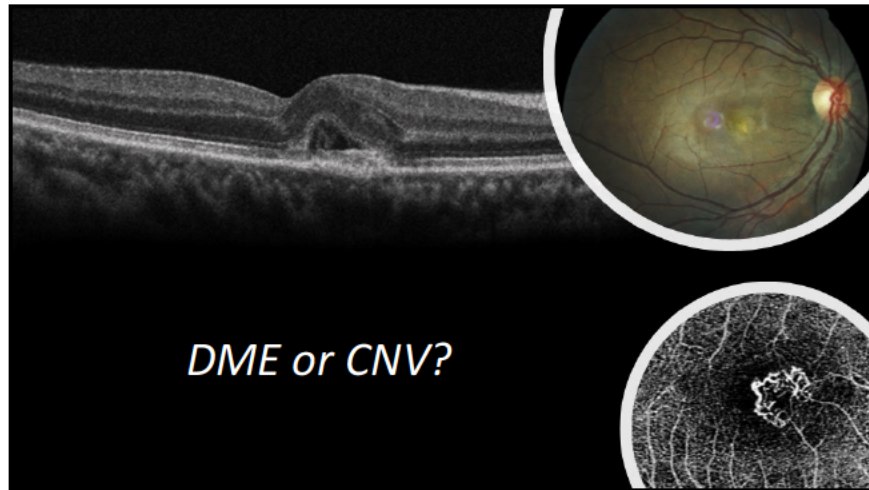
### Take Home Message

#### Differentiating Papilledema from Pseudopapilledema

- Symptoms/signs
- FAF: rule out superficial disc drusen
- B-scan: rule out buried/deep drusen, look for ↑ subarachnoid fluid and thickening of the ONSD
- OCT: Peripapillary slope/contour of swelling, fluid, contour Bruch's membrane
- MRI: Rule out hydrocephalus, features of papilledema include flattening of globe, distension of ON subarachnoid space, empty sella



56



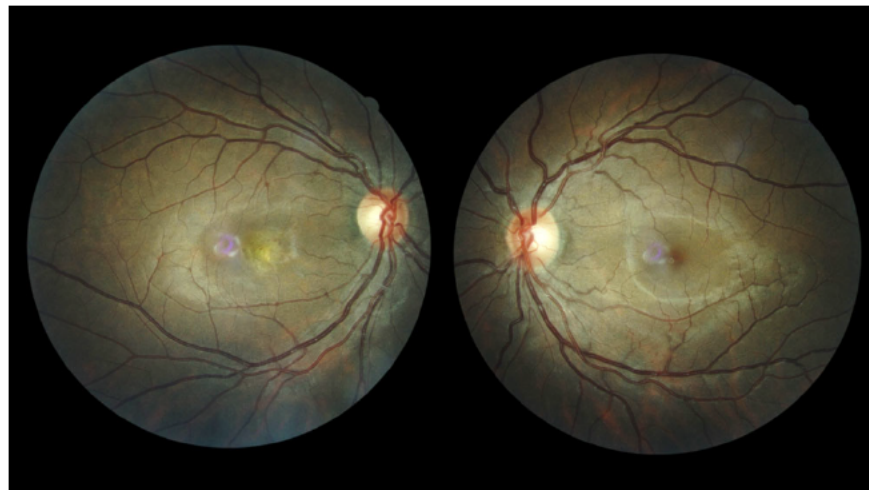
57

## DME or CNV?

39yo Hispanic female referred by outside doc for evaluation and management of CSME OD

- POH: Blunt trauma OD?, LEE 2yrs ago
- MH: DM Type 2 x 2 yrs, last HbA1C 6.7%
- Vision: BCVAs sc @dist
  - OD 20/25<sup>-2</sup>
  - OS 20/20
- Entrance testing: Normal
- External exam: Normal OU
- Tonometry: 15/16 mmHg

58

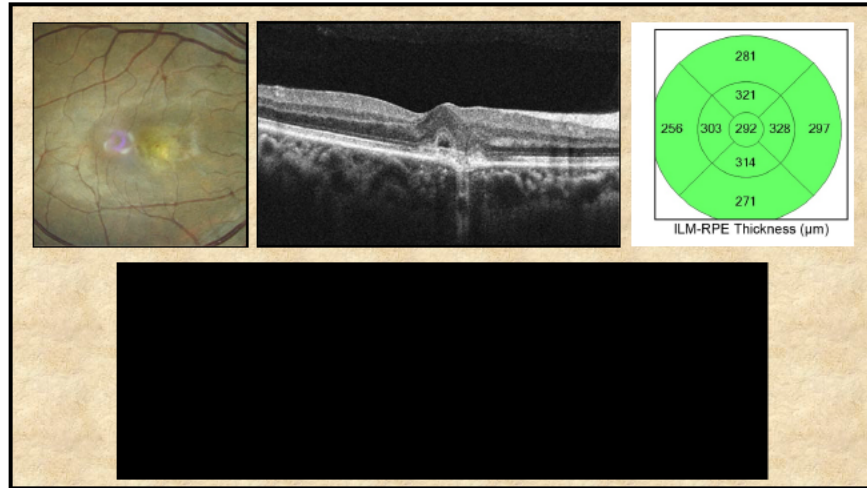


59

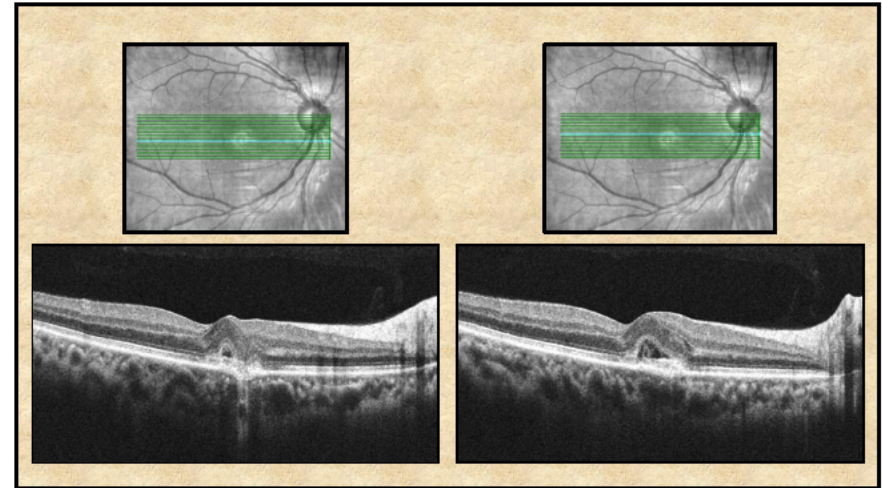


60

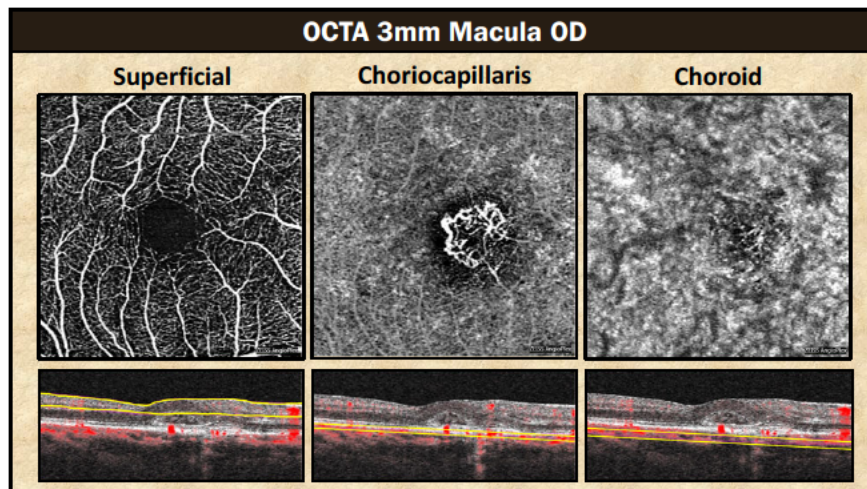




61



62



63

### Assessment

- CNV secondary to trauma (choroidal rupture), **ACTIVE**

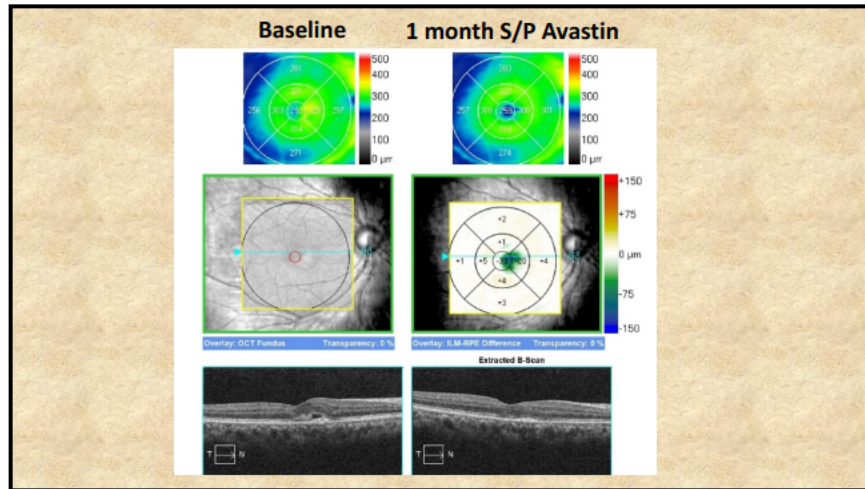
### Management

- Anti-VEGF
- Amsler grid

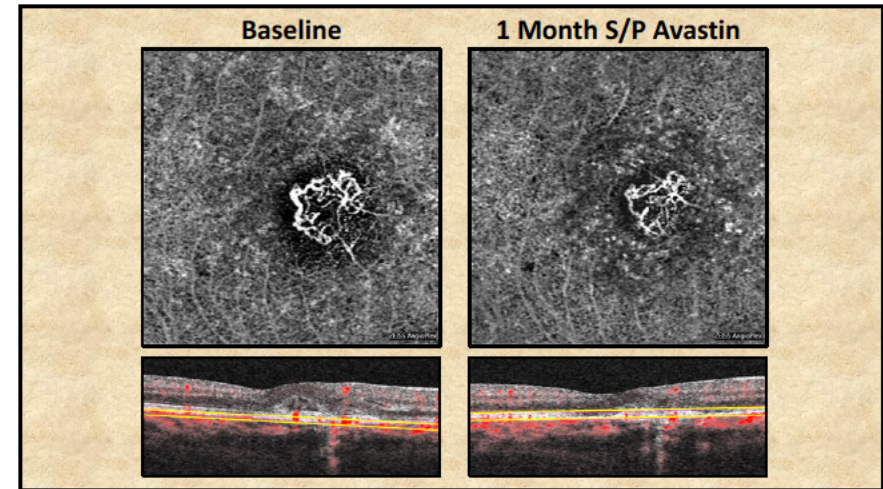
At the bottom right of the slide, there is a small fundus photograph and an OCT cross-section, similar to those in slide 61, showing the macular area and a choroidal rupture.

64





65



66

## Post Seg Complications of Trauma

Acute	Chronic
<ul style="list-style-type: none"> <li>• Vitreous/subretinal hemorrhage</li> <li>• Choroidal rupture</li> <li>• Macular hole</li> <li>• Commotio retinae</li> <li>• Retinal tear/dialysis, RD</li> <li>• Traumatic optic neuropathy</li> </ul>	<ul style="list-style-type: none"> <li>• CNV, subretinal fibrosis</li> <li>• Pigmentary scarring/retinopathy</li> <li>• Angle recession glaucoma</li> </ul>

Detailed description: This slide lists acute and chronic complications of trauma. The acute complications include vitreous/subretinal hemorrhage, choroidal rupture, macular hole, commotio retinae, retinal tear/dialysis, RD, and traumatic optic neuropathy. The chronic complications include CNV, subretinal fibrosis, pigmentary scarring/retinopathy, and angle recession glaucoma. A fundus photograph shows a traumatic macular hole, and two OCT images show the cross-section of the macula with a full-thickness hole.

67

## Take Home Message

### Traumatic CNV

- Signs of ACTIVE CNV: blood, fluid, exudate
- More responsive to anti-VEGF than AMD
- OCT is helpful in detecting subtle complications of trauma such as choroidal rupture, macular hole, etc.
- OCTA is useful for detecting CNV secondary to choroidal rupture and monitoring response to TX
- Outer retina (CNV) vs inner retinal (DME) pathology

Detailed description: This slide provides a take-home message for traumatic CNV. It lists signs of active CNV (blood, fluid, exudate) and notes that it is more responsive to anti-VEGF than AMD. It also states that OCT is helpful in detecting subtle complications of trauma such as choroidal rupture and macular hole, and that OCTA is useful for detecting CNV secondary to choroidal rupture and monitoring response to treatment. Finally, it distinguishes between outer retina (CNV) and inner retinal (DME) pathology. A fundus photograph shows a traumatic CNV with a white exudate and a small hemorrhage.

68



69

### HYDROXYCHLOROQUINE RETINAL TOXICITY OR AMD?

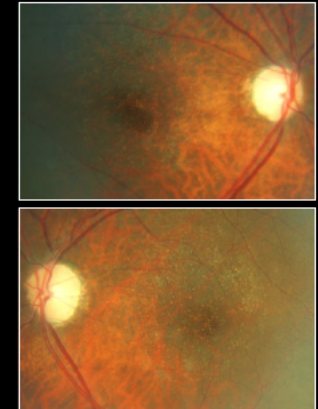
66yo American Indian female

- Taking Plaquenil 200mg BID x 20+ years
- Weight: 157lbs (max daily dose = 356mg)
- + ANA, possible SLE
- Stage 3 CKD
- Ex- heavy smoker of 45yrs
- History of nonexudative AMD OU
- BCVAs OD 20/25<sup>+2</sup>, OS 20/25

Table 1. Major Risk Factors for Toxic Retinopathy

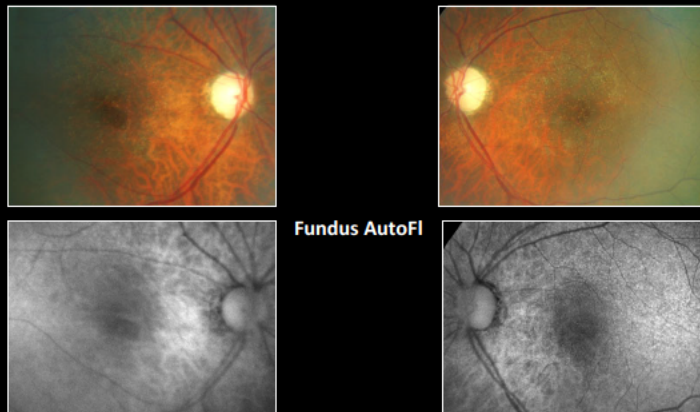
daily dosage	
HCC	>5.0 mg/kg real weight
CQ	>2.3 mg/kg real weight
duration of use	>5 yrs (assessing no other risk factors)
renal disease	serum creatinine, glomerular filtration rate
concurrent drugs	topiramate use
macular disease	May affect screening and susceptibility to HCC, CQ

CQ = chloroquine; HCC = hydroxychloroquine.



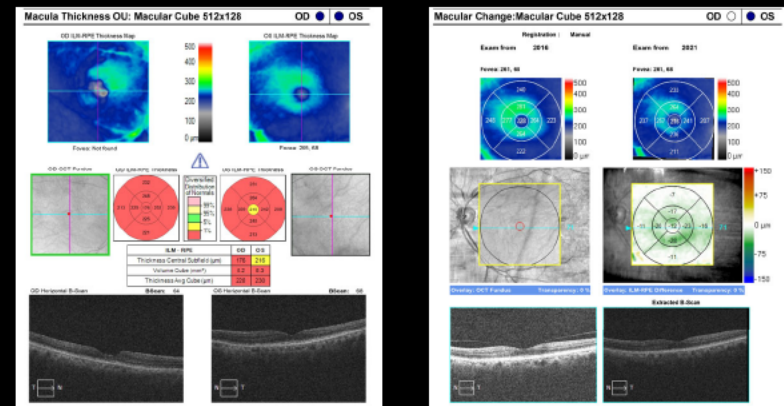
70

### HYDROXYCHLOROQUINE RETINAL TOXICITY OR AMD?



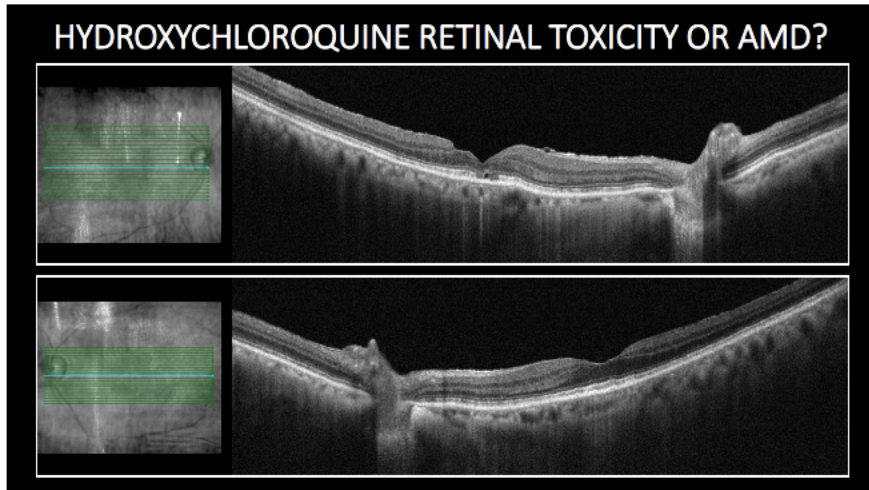
71

### HYDROXYCHLOROQUINE RETINAL TOXICITY OR AMD?

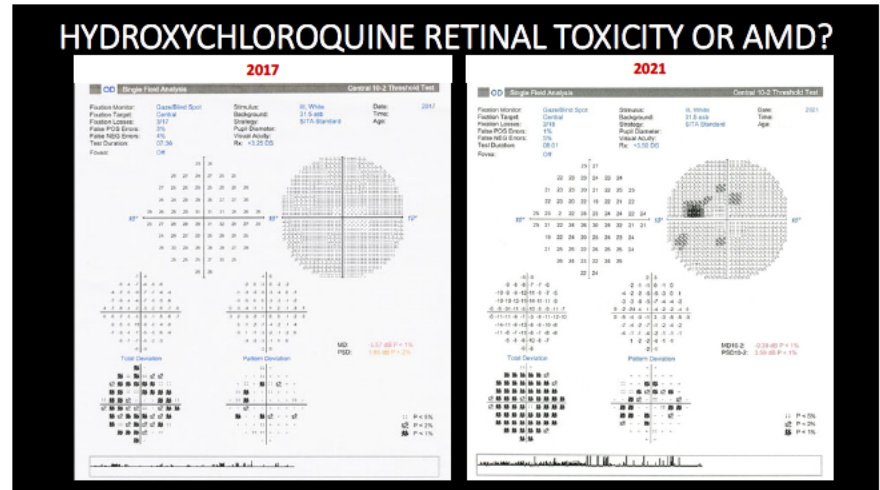


72

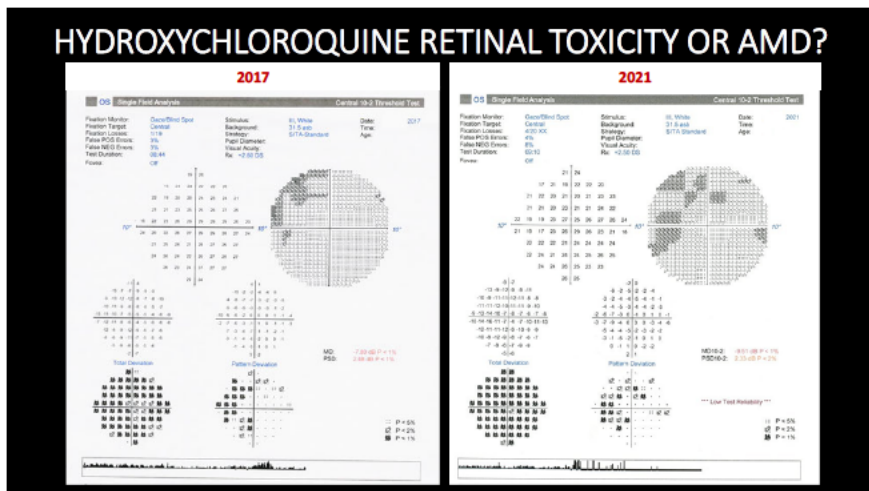




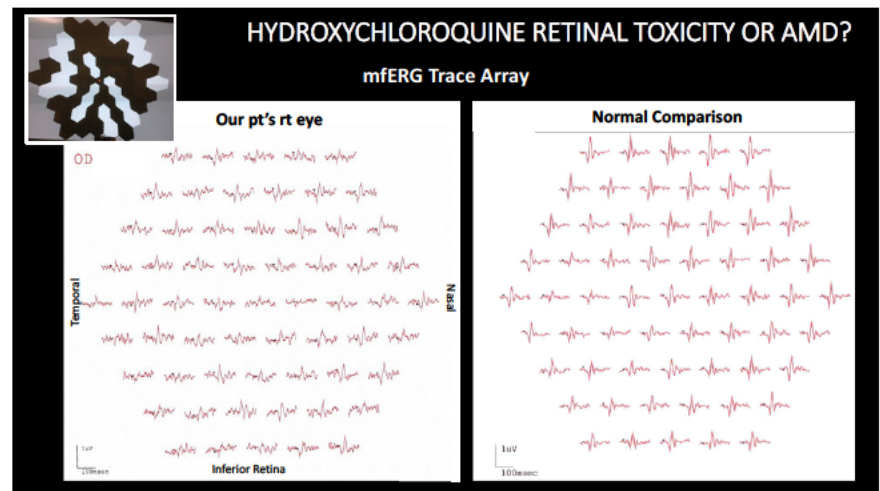
73



74



75



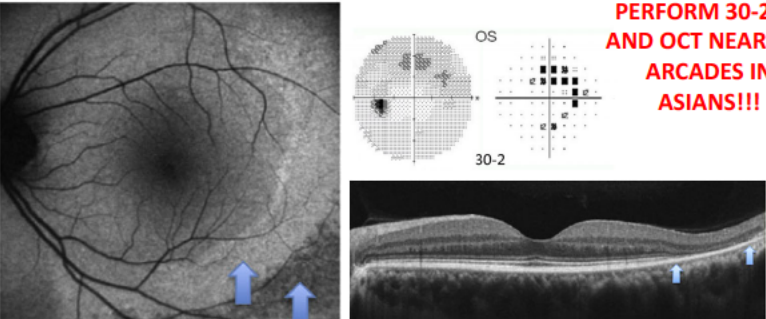
76





### Hydroxychloroquine Retinal Toxicity

Toxicity often occurs outside the macula and near the arcades in Asians



**PERFORM 30-2 VF AND OCT NEAR THE ARCADES IN ASIANS!!!**

AAO. Recommendations on Screening for Chloroquine and Hydroxychloroquine Retinopathy 2016.

81

### CASE 5

65yo white male

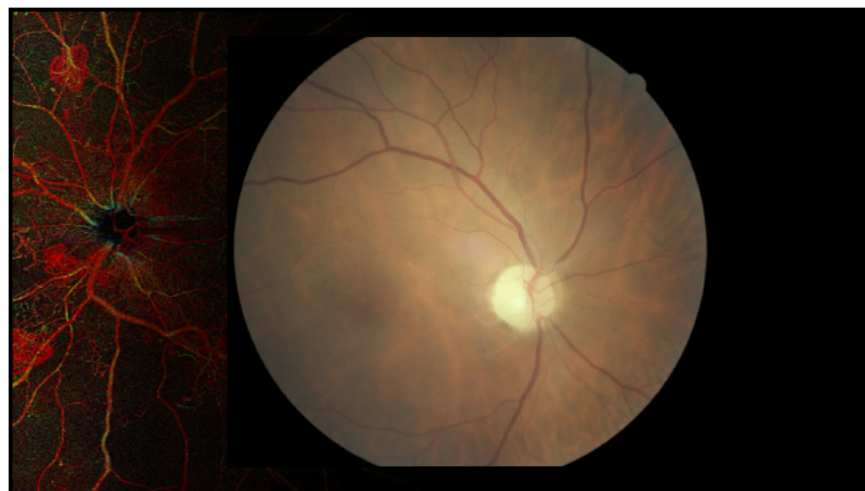
- Decreased vision OD>OS, constant, painless, began 5 years ago after stroke
- Ocular Hx: None, LEE unknown
- Systemic HX: Heart bypass surgery 2014 but hasn't followed up with cardiologist or other MD for 5 years, stroke 2015, carotid endarterectomy right side, HTN, hypercholesterolemia, partial left sided carotid blockage not evaluated for several years
- Meds: Ventricor, carvedilol, 81mg ASA
- Does not smoke or drive

VA cc @ dist

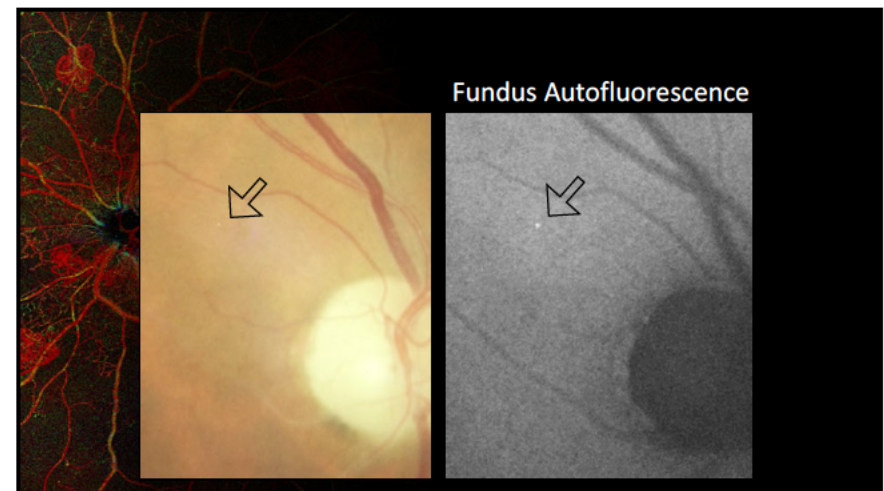
- OD HM
- OS 20/30<sup>-2</sup> PHNI

- EOMs full and smooth
- CVF: OD generalized constriction, OS full
- Pupils: PERRL (+) APD OD
- IOP: 18/18
- SLE: 1+ NS OU
- BP: 150/98 RAS

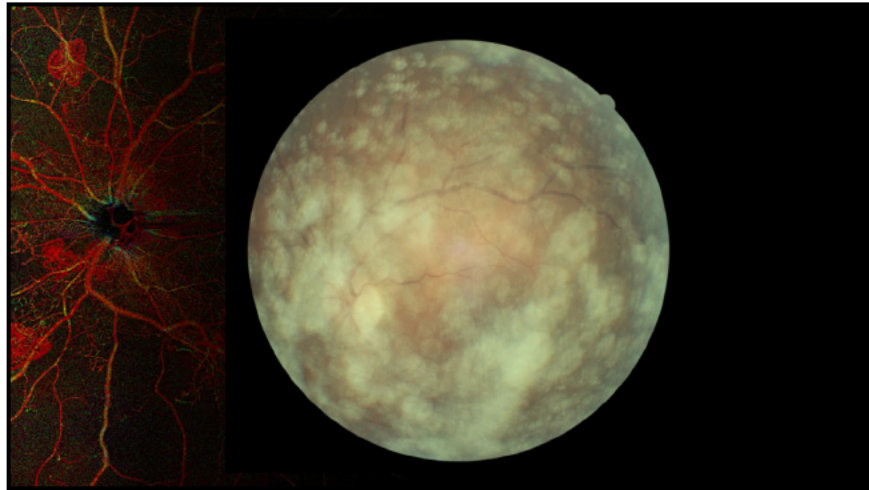
82



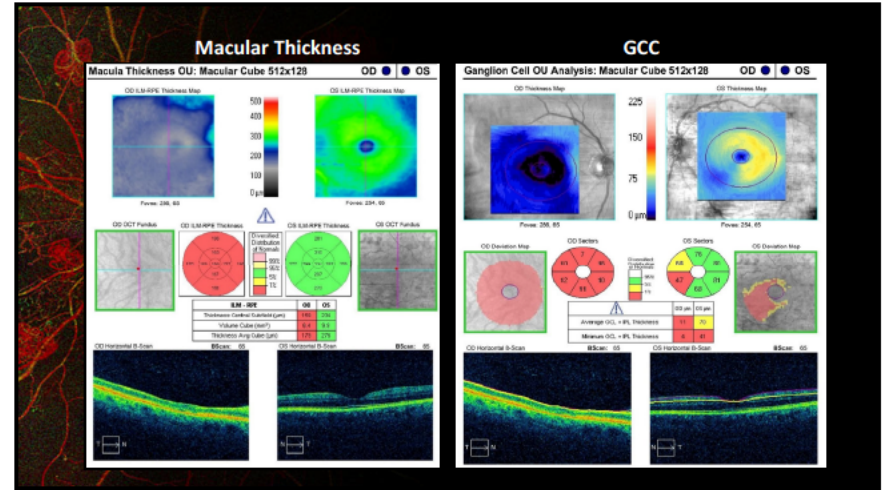
83



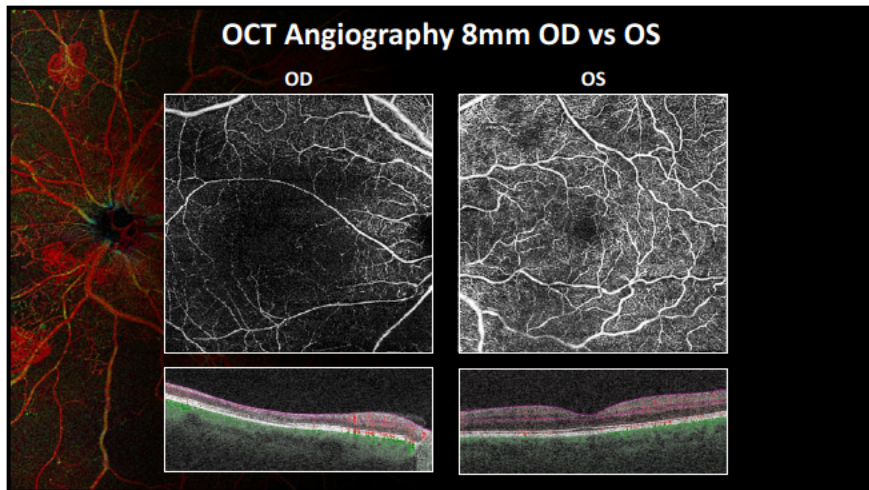
84



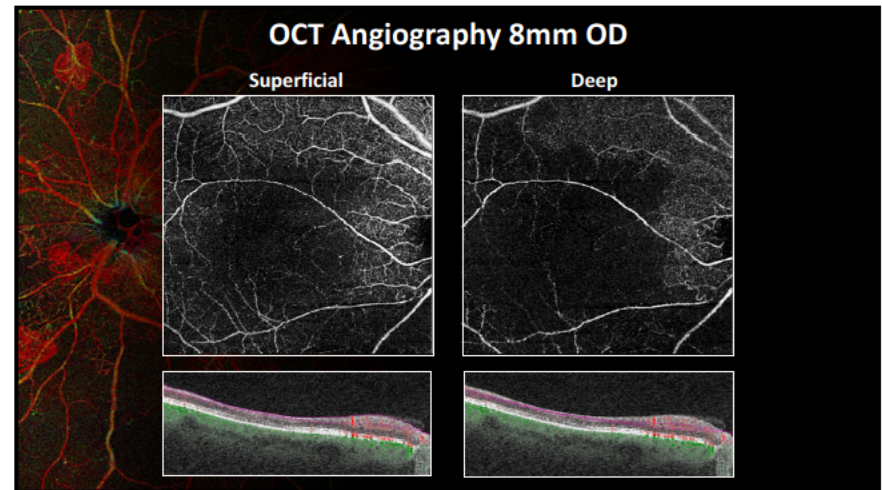
85



86

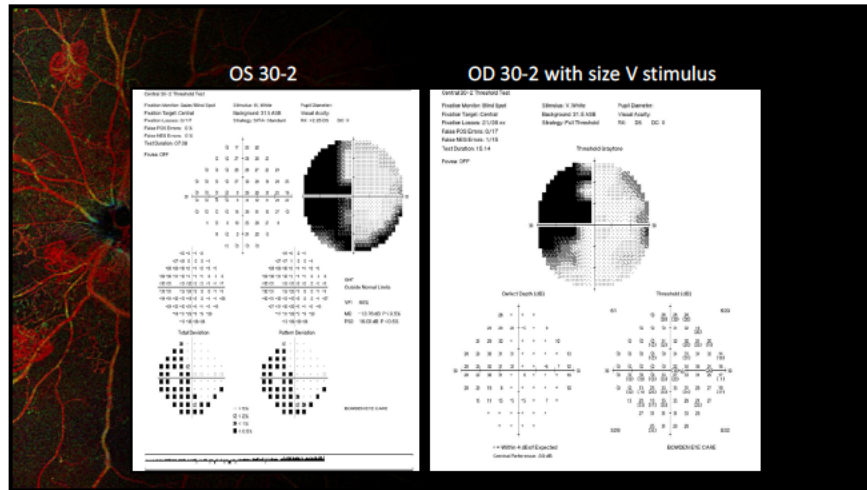


87



88



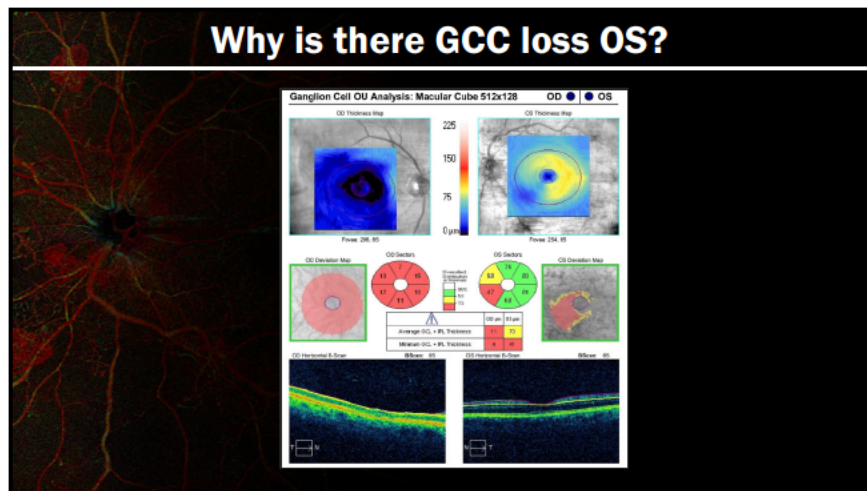


89

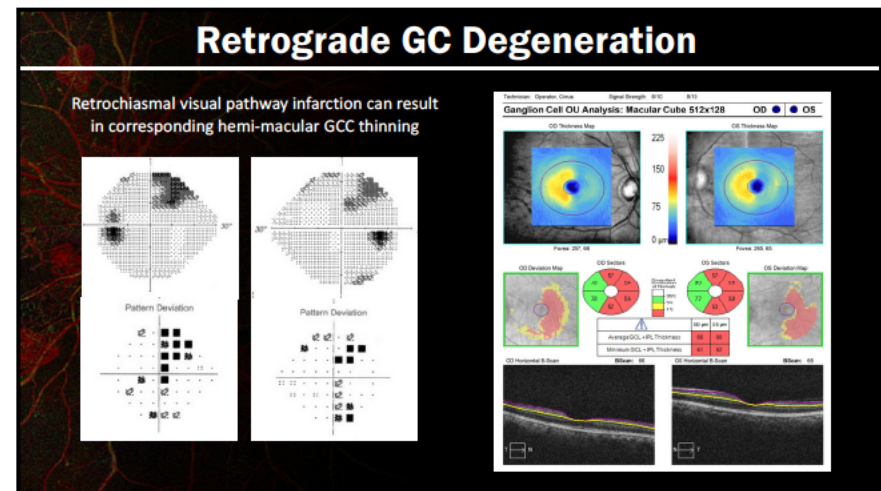
## Assessment & Plan

1. Late CRAO OD
  - S/P carotid endarterectomy right side
  - Encourage FU with PCP/cardiologist, statin?
  - Monitor 3 months for ocular sequelae such as NVG
  - Monocular precautions given
2. Old left incomplete homonymous hemianopia due to ischemic stroke (right-sided retro-chiasmal infarct)
  - Refer for low vision consult
3. Partial carotid stenosis left side per history
  - Due to risk of embolic CRAO OS pt edu on need for cardiac and carotid eval, as well as tight control of arteriosclerotic risk factors.
  - Pt edu to RTC immediately if vision loss occurs OS

90



91

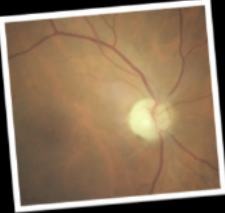


92

## Take Home Message

### Carotid Artery Disease

- Ocular manifestations of carotid disease include:
  - Retinal emboli or retinal arterial occlusion, OIS, hemianopic VF defects due to CVAs
- Differential diagnosis of optic neuropathy is difficult- vascular etiologies may have associated arterial attenuation, acute presentation
- Homonymous hemianopic VF defects point to a retrochiasmal lesion on the opposite side
- APD OD likely due to old CRAO, not stroke



93



## THANK YOU!!



majcher@nsuok.edu

94